

Beat the Heat: Summer Safety Tips for Older Adults, Adults Living with Disabilities, and Caregivers



A hot afternoon can turn dangerous faster than most people realize, especially for an older adult or someone living with a disability. Heat is one of the leading causes of weather-related illness and death, and older adults carry a disproportionate share of that risk.

If you're not sure what to do next, or just want to talk through what support looks like, call 734.722.2830 to speak with an Information & Assistance Specialist at The Senior Alliance.

Services:

- Adult Day Services
- MI Choice Waiver Program
- Care Management
- Caregiver Support
- Nutritional Services and Home Delivered Meals
- Friendly Reassurance
- Long-term Care Ombudsman
- MMAP Assistance
- Information & Assistance
- Elder Abuse Prevention
- Outreach, Advocacy, and Education
- Transportation
- And Much More

Inside the Senior Alliance

Podcast Episode 1.67

Jason Maciejewski talks with Steve McCartney of the Michigan Veterans Affairs Agency about resources for veterans, barriers to accessing services, and new initiatives to improve support.

Call Spoofing

Identifying & Reporting Call Spoofing

Scammers can disguise their number as a trusted caller or agency like Medicare. Never share banking or Medicare information. Report call spoofing to the Senior Medical Patrol.

Meet Our Star of The Month Emma Shellhaas

Recognized for her clinical skill, quick thinking, and attention to detail, Emma brings empathy and positivity to her work. Her dedication to participants and willingness to grow make her a valued member of The Senior Alliance.

Sign Up

2026 Golf Outing

Whether it's by providing hot meals to home-bound seniors on holidays or purchasing safety products to help older adults remain in their homes for longer, every dollar we raise from this outing and our other fundraisers is reinvested to meet the needs of our community members.

We're so proud of our team! **Thank you!**



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