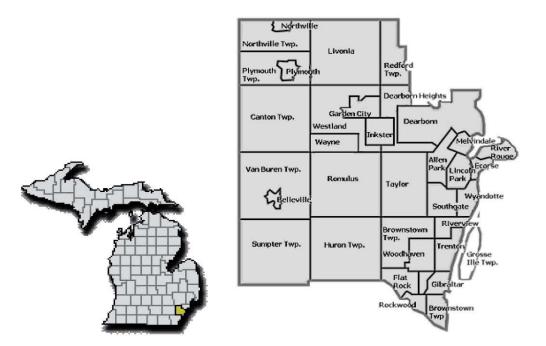
2023-2026 Multi Year Plan FY 2026 ANNUAL IMPLEMENTATION PLAN THE SENIOR ALLIANCE, INC. 1-C



Planning and Service Area

Serves all Wayne County (Excluding areas served by Region 1-A)

The Senior Alliance, Inc. 1-C

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The Senior Alliance, Inc.

FY 2026

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Executive Summary

Instructions

Please include in the Executive Summary a brief description of the following (*<u>note - if you need</u> additional space, you may upload a Word document via the <u>Budget and Other Documents</u> tab):

A. Any substantive changes in priorities, plans, or objectives set by the Area Agency on Aging (AAA) for the use of federal and state funding during FY 2026. If none, indicate, "no" to the question: "Have there been any substantive changes since the previous year?"

B. How the AAA educates the public, its partners, and service providers on the Administration for Community Living (ACL) and the ACLS Bureau expectations regarding targeting older adults in the greatest social and/or economic need.

C. Progress made through advocacy efforts to date and focus of advocacy efforts in FY 2026.

D. AAA's successes over the past year, highlights of new services or other topics, as well as any anticipated challenges.

E. Ways in which your agency will support the Veteran population and a description of any partnerships and/or collaborations with Veteran service organizations within your region.

F. Please provide, in the spaces below, information on counties served, Federally Recognized Tribes in your Planning and Service Area (PSA), and accreditations awarded to your AAA.

Please provide demographic data in the chart below for your PSA (using the most currently available data from the Amercian Community Survey (ACS), the Decennial Census Survey, and NAPIS--see chart entitled: *FY 26 AIP Demographic Data* in the Document Library).

<u>Upload the required supplemental document entitled:</u> <u>Contingency Planning, addressing a</u> <u>contingency plan for lack of funding or in the event of a government shutdown/continuing resolution,</u> <u>in the Budget and Other Documents section</u>

Have there been substantive changes since the previous year? (If yes, please describe \Box Y below.)

🗌 Yes 🗹 No

Planning and Service Area (counties) Served.

Out-Wayne County: 34 communities in southern and western Wayne County.

Is there a Federally Recognized Tribe within your PSA? (If yes, list below.)

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🗌 Yes 🗹 No

Please list any accreditations your AAA has received.

National Committee for Quality Assurance (NCQA)

Demographic Data for PSA

Population	Census (most current data available)	AAA Population Served Last Fiscal Year (NAPIS)
Total Population 60+ (%)	33.90	37.40
Race/Ethnicity 60+ (%)		
a. Black/African American	9.90	23.10
b. Asian	3.40	1.20
c. White	82.60	74.40
d. Hispanic/Latino	3.00	1.30
e. Other	4.10	0.30
Total 60+ Population in Rural areas (%)	4.30	5.50
Total 60+ Population at Poverty Level (%)	10.20	8.80
LGBTQ+ Clients served		
Total 85+ Population (%)	2.00	
Total 60+ Non-English-Speaking Population (%)	1.50	

Did the AAA upload the required supplemental document addressing a contingency plan for lack of funding or in the event of a government shutdown?

Yes 🗌 No

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County/Local Unit of Government and Tribal Review

The Michigan Department of Health and Human Services (MDHHS) recognizes the importance of local collaboration including consultation of the complete AIP for each AAA with their county/local unit of government to encourage and foster collaboration between Older Americans Act (OAA) programming and that provided by other non-OAA resources.

MDHHS also has an established relationship of working directly with the Federally Recognized Sovereign Indian Tribes of Michigan (Tribes). As part of this work, MDHHS recognizes the importance of Tribal notification, including consultation of the complete AIP for each AAA within their PSA to encourage and foster collaboration between Title III and Title VI programming as outlined in the OAA.

The AAA must send a notification of the complete AIP to the chairperson of each County Board of Commissioners, and to any Tribes within the Planning and Service Area (PSA) for notification and consultation. Notification can be sent via U.S. Mail or by electronic means, with delivery and signature confirmation, no later than June 20, 2025. For a PSA comprised of a single county or portion of the county, notification of the AIP is to be sent to each local unit of government. AAAs are encouraged to provide a copy of their official press release for public hearing to their county/local unit of government and Tribes within the PSA as well. The AAA may use electronic communication, including e-mail and website-based documents, as an option for local government notification and consultation of the AIP. To employ this option, the AAA must do the following:

• Send a letter through the U.S. Mail, with delivery and signature confirmation, or an email requiring a response confirming receipt to the chief elected official of each appropriate local government advising them of the availability of the final draft AIP on the AAA's website.

• Offer to provide a printed copy of the AIP via U.S. Mail, or an electronic copy via e-mail, if requested.

• Be available to discuss the AIP with local government officials, if requested.

• Request e-mail notification from the local unit of government of their feedback of the AIP or concerns.

Instructions

Describe the AAA's efforts, including use of electronic communication, to distribute the AIP to the appropriate county and/or local units of government, and Tribes for notification and consultation, to gain support.

Describe any current and future collaborative efforts with Tribe(s) within your PSA including any anticipated outreach efforts. AAAs, note whether your Policy and Advisory Boards have representation from the Tribe(s) and/or elders within your PSA. If not, describe the AAAs efforts to build and foster relationships with the Tribe(s) to encourage potential representation on these respective boards.

Following approval of the Annual Implementation Plan by The Senior Alliance Board of Directors, Planning and Service Area will inform each chief elected official of the 34 local units of government comprising the Planning and Service Area 1C of southern and western Wayne County about the availability of the fiscal year (FY) 2026 Annual Implementation Plan on The Senior Alliance website. This notice will be sent via email. The email will contain information on how to access, view, and print the FY 2026 Annual Implementation Plan document. This letter will also advise that a printed copy of The Senior Alliance FY 2026 Annual Implementation Plan can be sent via U.S. Mail, or as an electronic copy via email, if requested. The letter and email will also note that The Senior Alliance Chief Executive Officer and Planning & Advocacy Manager are available to discuss the FY 2026 Annual Implementation Plan, if requested.

Tribal Notification

There is not a Federally Recognized Sovereign Indian Tribe within Planning and Service Area 1C. Planning and Service Area will inform American Indian Health and Family Services about the availability of the FY 2026 Annual Implementation Plan on The Senior Alliance website. This notice will be sent via email. The letter will contain information on how to access, view, and print the FY 2026 Annual Implementation Plan document. This letter will also advise that a printed copy of The Senior Alliance FY 2026 AIP can be sent via U.S. Mail, or as an electronic copy via email, if requested. The letter and email will also note that The Senior Alliance Chief Executive Officer and Planning & Advocacy Manager are available to discuss the FY 2026 Annual Implementation Plan, if requested.

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Public Hearings

At least one public hearing on the FY 2026 AIP must be held in the PSA. Hearing(s) must be made accessible to all. Persons need not be present at the hearing(s) to provide testimony. E-mail and written testimony must be accepted for at least a 30-day period beginning when the summary of the AIP is made available.

The AAA must post a notice of the public hearing(s) in a manner that can reasonably be expected to inform the public about the hearing(s). Acceptable posting methods include but are not limited to paid notice in at least one newspaper or newsletter with broad circulation throughout the PSA; press releases and public service announcements; and a notice to AAA partners, service provider agencies, older adult organizations, and local units of government. See Operating Standards for AAAs, Section B-2 #3. The public hearing notice should be available at least 30 days in advance of the scheduled hearing. This notice must indicate the availability of a summary of the AIP at least 14 days prior to the hearing, along with information on how to obtain the summary. All components of the AIP should be available for the public hearing(s).

Instructions

Complete the chart below regarding your public hearing(s). Include the date, time, number of attendees and the location city and accessibility of each public hearing. Please scan any written testimony (including emails received) as a PDF and upload under the Budget and Other Documents tab.

The AAA should upload a copy of your official notice and/or press release(s) for a public hearing. Please describe the strategy/approach employed to encourage public attendance and testimony on the AIP. Describe all methods used to gain public input and any impacts on the AIP. Describe how the AAA factored the accessibility issues of the service population and others in choosing the format of the meeting.

AAAs are also required to upload document entitled: Newspaper and Media Outlets Notification List.

For FY 2026, AAAs please describe how the agency involved the Policy and Advisory Boards with encouraging and promoting participation at the public hearings(s). Did a representative from either the Policy and/or Advisory Board attend the hearing(s).

Date	City	Time	Barrier Free?	No. of Attendees

STATE OF MICHIGAN Michigan Department of Health & Human Services BUREAU OF AGING, COMMUNITY LIVING, AND SUPPORTS

FY2023-2026 Multi Year Plan

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Regional Service Definitions

If the AAA is proposing to fund a new (not previously approved in this multi-year planning cycle) regional service that is not included in the Operating Standards for Service Programs, provide rationale as to why activities cannot be funded under an existing service definition, and information about the proposed service in this section.

Instructions

Enter the new regional service name, fund source(s), unit of service, and minimum standards.

Service Name/Definition

Rationale (Explain why activities cannot be funded under an existing service definition.)

Service Category	Fund Source		Unit of Service
Access	Title III PartB	Title III PartD	
In-Home	Title III PartE	Title VII	
Community	State Alternative Care	State Access	
Nutrition	State In-home	State Respite	
Caregivers of Older Adults	Other		
Older Relative (Kinship) Caregiver			

Minimum Standards

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Access Services

Access services may be provided to older adults directly through the AAA without a direct service provision request. These services include Care Management; Care Transition Coordination & Support; Caregiver Case Management; Caregiver Information and Assistance; Caregiver Options Counseling; Case Coordination and Support; Disaster Advocacy and Outreach Programs; Information and Assistance; Options Counseling; Outreach (with specific attention to underserved populations); and Transportation. If the AAA is planning to provide any of these access services directly during FY 2026, complete this section.

Instructions

Select from the list of access services those services the AAA plans to provide directly during FY 2026, and provide the information requested.

Care Management			
Starting Date	10/01/2025	Ending Date	09/30/2026
Total of Federal Dolla	<u>rs</u>	Total of State Dollars	<u>s</u>
Geographic area to b	e served		
Region 1C			

Specify the planned goals and activities that will be undertaken to provide the service.

GOAL

Provide quality Care Management services throughout the entire Planning and Service Area 1C.

<u>ACTIVITIES</u>

Care Management clients will receive comprehensive assessment and the desired level of assistance with coordination of services most appropriate to their needs and wishes. Enrollment continues on an ongoing basis.

Program quality will be monitored on an ongoing basis. As necessary, program improvements will be made.

Staff training will be identified through quality activities and training will be provided, as needed.

Case Coordination and Support

Starting Date	10/01/2025	Ending Date	09/30/2026
<u>Total of Federal Dollars</u>		Total of State Dollars	
Geographic area to be serve	d		

Region 1C

Specify the planned goals and activities that will be undertaken to provide the service.

<u>GOAL</u>

Provide quality Case Coordination and Support services throughout the entire Planning and Service Area 1C.

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ACTIVITIES

Clients who do not currently need a nursing facility level of service, but are at-risk of needing that level of care will receive support to prevent or slow a further medical or functional decline.

Program quality will be monitored on an ongoing basis. As necessary, program improvements will be made.

Staff training will be identified through quality assurance activities and trainings will be provided, as needed.

Information and Assistance

Starting Date	10/01/2025	Ending Date	09/30/2026
Total of Federal Dollars		Total of State Dollars	
Geographic area to be served			
Region 1C			

Specify the planned goals and activities that will be undertaken to provide the service.

<u>GOAL</u>

The Senior Alliance will provide quality Information and Assistance services to the entire Planning and Service Area 1C through the continued engagement and increased partnerships with community-based organizations, local governments, health care entities, community focal points, and local senior centers to gain relevant and up-to-date information on the needs of the community.

ACTIVITIES

The Senior Alliance Information and Assistance Department staff will provide up-to-date information to the entire Planning and Service Area 1C by offering appropriate resources and referrals.

Outreach

Starting Date	10/01/2025	Ending Date	09/30/2026
Total of Federal Dollars		Total of State Dollars	
Geographic area to be serve	ed		

Region 1C

Specify the planned goals and activities that will be undertaken to provide the service.

<u>GOAL</u>

Ensure all areas of the Planning and Service Area 1C receive information about programs and services available through The Senior Alliance and its vendors.

<u>ACTIVITIES</u>

Information about programs and services will be published and dispersed in a wide variety of formats throughout the Planning and Service Area 1C.

Maintain an ongoing relationship with community focal points, including senior centers and senior housing units, within the Planning and Service Area 1C in order to effectively distribute information and support community dwelling older adults, caregivers, individuals living with disabilities, and their families.

Transportation

The Senior Alliance, Inc.

Total of Federal Dollars

Starting Date

10/01/2025

Ending Date

09/30/2026

Total of State Dollars

Geographic area to be served

Region 1C

Specify the planned goals and activities that will be undertaken to provide the service.

GOAL

Provide The Senior Alliance's ride-of-last-resort transportation to medical visits, pharmacies, and governmental offices that clients are otherwise unable to access and/or afford. The transportation program is designed to help relieve caregivers by offering limited transportation, primarily for urgent situations when no other options are available.

ACTIVITIES

Residents of the Planning and Service Area 1C will have improved options to access non-emergency medical transportation, housing transitions, benefits application, and enrollment appointments. In collaboration with the Information and Assistance Department, Transportation Department staff will identify additional community resource options to meet the growing need for transportation services.

Caregiver Case Management

Starting Date 10/01/2025

Total of State Dollars

Ending Date

09/30/2026

Total of Federal Dollars

Geographic area to be served

Region 1C

Specify the planned goals and activities that will be undertaken to provide the service.

GOAL

Provide quality Caregiver Care Management services throughout the entire Planning and Service Area 1C.

ACTIVITIES

Caregiver Care Management clients will receive comprehensive TCARE assessment, an individualized care plan, and the desired level of assistance with coordination of supports to help the caregiver manage their role and identity as a caregiver. Enrollment continues on an ongoing basis.

Program quality will be monitored on an ongoing basis. As necessary, program improvements will be made.

Staff training will be identified through quality activities and training will be provided, as needed.

Caregiver Information and Assistance Starting Date 10/01/2025 Ending Date 09/30/2026 **Total of Federal Dollars Total of State Dollars** Geographic area to be served Region 1C

Specify the planned goals and activities that will be undertaken to provide the service.

FY 2026

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<u>GOAL</u>

The Senior Alliance will provide quality Caregiver Information and Assistance services to the entire Planning and Service Area 1C through the continued engagement and increased partnerships with community-based organizations, local governments, health care entities, community focal points, and local senior centers to gain relevant and up-to-date information on the needs of the community.

ACTIVITIES

The Senior Alliance Caregiver Information and Assistance Department staff will provide up-to-date information to the entire Planning and Service Area 1C by offering appropriate resources and referrals to caregivers of older adults.

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Direct Service Request

This section applies only if the AAA is submitting a <u>new request</u> to provide in-home, community, nutrition, caregiver, or kinship caregiver service(s) <u>directly</u> that was not previously approved in this multi-year planning cycle.

It is expected that in-home, community, nutrition, caregiver, and kinship caregiver services will be provided under contracts with community-based service providers, but when appropriate, AAAs can request to provide these services directly. Direct service provision requests must be approved by the Commission on Services to the Aging (CSA). Direct service provision is defined as "providing a service directly to a senior, such as preparing meals, doing chore services, or working with seniors in an adult day setting." Direct service provision by the AAA may be appropriate when, in the judgment of the ACLS Bureau: A) provision is necessary to ensure an adequate supply; B) the service is directly related to the AAA's administrative functions; or C) a service can be provided by the AAA more economically than any available contractor, and with comparable quality.

Instructions

Select the service from the list and enter the information requested pertaining to basis, justification, and public hearing discussion for any <u>new</u> Direct Service Request for FY 2026. Specify in the appropriate text box for each service the planned goals and activities that will be undertaken to provide the service.

Please skip this section if the AAA is not submitting a <u>new request</u> to provide an in-home, community, nutrition, caregiver, or kinship caregiver service directly during FY 2026.

Total of Federal Dollars

Total of State Dollars

Geographic Area Served

Planned goals, objectives, and activities that will be undertaken to provide the service in the appropriate text box for each service category.

Section 307(a)(8) of the Older Americans Act provides that services will not be provided directly by an Area Agency on Aging unless, in the judgment of the State agency, it is necessary due to one or more of the three provisions described below. Please select the basis for the direct service provision request (more than one may be selected).

(A) Provision of such services by the Area Agency is necessary to assure an adequate supply of such services.

(B) Such services are directly related to the Area Agency's administrative functions.

(C) Such services can be provided more economically and with comparable quality by the Area Agency.

FY 2026

Provide a detailed justification for the direct service provision request. The justification should address pertinent factors that may include: a cost analysis; needs assessment; a description of the area agency's efforts to secure services from an available provider of such services; or a description of the area agency's efforts to develop additional capacity among existing providers of such services. If the service is considered part of administrative activity, describe the rationale and authority for such a determination.

Describe the discussion, if any, at the public hearings related to this request. Include the date of the hearing(s).

Regional Direct Service Request

This section applies only if the AAA is submitting a <u>new request</u> to provide a regional service directly that was not previously approved in the multi-year planning cycle.

It is expected that regionally defined services will be provided under contract with community-based service providers, but when appropriate, AAAs may request to provide regional services directly upon approval by the CSA. The basis for requesting direct provision of a regional service by the AAA would be if, in the judgment of the ACLS Bureau: A) provision is necessary to assure an adequate supply; B) the service is directly related to the AAA's administrative functions; or C) a service can be provided by the AAA more economically than any available contractor, and with comparable quality.

Instructions

AAAs that have a new request to provide a regional service directly must complete this tab for each service. Enter the regional service name in the box and click "Add." The regional service name will appear in the dialog box on the left after the screen refreshes. Select the link for the newly added regional service and enter the information requested pertaining to basis, justification, and public hearing discussion for any new regional service request for FY 2026. Also specify in the appropriate text box for each service the planned goals and activities that will be undertaken to provide the service.

Total of Federal Dollars

Total of State Dollars

Geographic Area Served

Planned goals and activities that will be undertaken to provide the service in the appropriate text box for each service category.

Section 307(a)(8) of the Older Americans Act provides that services will not be provided directly by an Area Agency on Aging unless, in the judgment of the State agency, it is necessary due to one or more of the three provisions described below. Please select the basis for the direct service provision request (more than one may be selected).

(A) Provision of such services by the Area Agency is necessary to assure an adequate supply of such services.

(B) Such services are directly related to the Area Agency's administrative functions.

(C) Such services can be provided more economically and with comparable quality by the Area Agency.

FY 2026

Provide a detailed justification for the direct service provision request. The justification should address pertinent factors that may include: a cost analysis; needs assessment; a description of the area agency's efforts to secure services from an available provider of such services; or a description of the area agency's efforts to develop additional capacity among existing providers of such services. If the service is considered part of administrative activity, describe the rationale and authority for such a determination.

Describe the discussion, if any, at the public hearings related to this request. Include the date of the hearing(s).

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Program Development Objectives

Please provide information for any new goals and objectives that are proposed by the AAA during FY 2026.

For FY 2026, this is also where you will provide updates to the current Approved MYP Objectives.

Instructions

The AAA may enter a new goal in the appropriate text box. It is acceptable, *though not required*, if some of the AAA's goals correspond to the ACLS Bureau's state plan goals. There is an entry box to identify which, if any, state plan goal(s) correlate with the entered goal. See the Document Library for Michigan's State Plan on Aging for FY 2024 – FY 2026.

A narrative for each goal should be entered in the appropriate text box. Enter objectives related to each program development goal in the appropriate text box.

Complete the information in the text boxes for the timeline, planned activities and expected outcomes for each objective (see Document Library for additional instructions on completing this section).

*Please work with your Regional Aging Representative on updating current MYP objectives.

Area Agency on Aging Goal

A. Advocate, inform, and empower those we serve State Goal Match: 1

Narrative

The Senior Alliance will pursue an advocacy strategy at the local, state and federal levels of government to improve the lives of older adults and their caregivers.

Objectives

 Advocate on behalf of older adults for increased appropriations and policy changes for nutritional and community-based in-home services. Timeline: 10/01/2022 to 09/30/2026

FY 2026

Activities

1. Provide elected officials information on the experience of The Senior Alliance in operating nutrition programs. Provide education on the experience of The Senior Alliance in operating the Care Management, MI Choice Waiver, and MI Health Link programs, as well as the general state of long-term services and supports and home and community-based services.

3. Provide legislative updates to stakeholders and older adults on budget processes.

4. Support the advocacy efforts of Area Agency on Aging stakeholders by providing legislative updates on budget processes and policy proposals involving nutritional programs.

5. Advocate for increased nutritional services and support long-term services and supports and home and community-based services appropriations and policy changes in collaboration with the Silver Key Coalition, the Area Agencies on Aging Association of Michigan, USAging, and Meals on Wheels America.

Expected Outcome

Increased awareness by elected officials of the impact and operations of the nutrition program. Increased nutrition program appropriations to address program offerings and projected demographic growth in the eligible population.

Increased awareness by elected officials of the impact and operations of the MI Choice Medicaid Waiver program and other long-term services and supports and home- and community-based services initiatives. Increased long-term services and supports appropriations to address operating rates, waitlists and projected demographic growth in the eligible population. A move toward rebalancing the funding spent on long-term services and supports in Michigan so the percent of appropriations spent on community-based services at least meets the national average spent by individual states.

PROGRESS

The Senior Alliance staff met with all federal and state elected officials representing the residents of Planning and Service Area 1C at least once to share details about operating home and community-based services and long-term services and supports. TSA staff shared information about operating Care Management, MI Choice Medicaid Waiver, and MI Health Link programs, including program impacts and opportunities for program enhancements.

The Senior Alliance staff met with all federal and state elected officials representing the residents of Planning and Service Area 1C at least once to share details about the impact nutrition programs, such as home-delivered meals and congregate meals, on the lives of older adults and caregivers.

The Senior Alliance staff met with all federal and state elected officials representing the residents of Planning and Service Area 1C at least once to advocate for increased appropriations and policy changes that align with Silver Key Coalition, 4AM, and USAging recommendations.

 Inform and empower older adults, caregivers and stakeholders on issues impacting the lives of older adults in Planning and Service Area 1C. Timeline: 10/01/2022 to 09/30/2026

Activities

1. Adopt an annual advocacy platform identifying areas of advocacy focus.

2. Continue to produce a monthly advocacy newsletter that provides information to older adults, community focal points, local government officials, and other stakeholders on legislative and budget activities at the state and federal level.

3. Include episodes on advocacy topics in the agency's podcast series, Inside The Senior Alliance.

4. Provide regular advocacy updates at meetings of the agency's Advisory Council and Board of Directors.

5. Distribute advocacy action alerts to stakeholders on advocacy topics during key moments in the legislative process.

Expected Outcome

Residents of Planning and Service Area 1C and stakeholders will be better informed about issues of importance in aging services and will be empowered to advocate on behalf of older adults. The Senior Alliance will be viewed as an informational resource and thought leader for policy and budget information concerning older adults.

PROGRESS

The Senior Alliance's 2025 Advocacy Platform was adopted by the The Senior Alliance Board of Directors in January 2025. The 2025 Advocacy Platform identifies policy issues of importance to older adults along with The Senior Alliance's position on policy and appropriation topics. Our staff provides advocacy updates to the Board of Directors at all meetings through informational oral and/or written updates.

The Senior Alliance advocacy e-newsletter, Colloquy, is published monthly via email. Colloquy includes timely advocacy and policy information, updates on legislative action, and how to contact elected officials about policy topics related to older adults and caregivers. Action alerts are issued by email as topics arise. Recent action alerts have been issued on the Medicare Improvements for Patients and Providers Act and Older Americans Act funding.

Inside The Senior Alliance is our monthly podcast that has an advocacy focus. Episodes include conversations about federal and state policy, interviews with elected officials, interviews with advocates across the state, and interviews with state and federal policy influencers and advocates. The Senior Alliance was awarded a national 2023 Aging Achievement Award in Advocacy from USAging for *Inside The Senior Alliance*.

 Serve as an information resource for elected officials on programs and services that impact the lives of older adults and their caregivers. Timeline: 10/01/2022 to 09/30/2026

Activities

1. Meet with elected officials to provide education on the experience of The Senior Alliance in operating the Care Management, MI Choice Waiver and MI Health Link programs, as well as the general state of long-term services and supports and home and community-based services.

2. Provide legislative updates to stakeholders and older adults on budget processes and policy proposals involving long-term services and supports and home and community-based services.

3. Advocate for increased appropriations and policy changes to support long-term services and supports and home and community-based services in collaboration with the Silver Key Coalition, Area Agencies on Aging Association of Michigan and USAging.

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Expected Outcome

Increased awareness by elected officials of the impact and operations of the MI Choice Medicaid Waiver program and other long-term services and supports and home and community-based services initiatives. Increased long-term services and supports appropriations to address operating rates, waitlists and projected demographic growth in the eligible population. A move toward rebalancing the funding spent on long-term services and supports in Michigan so the percent of appropriations spent on community-based services at least meets the national average spent by individual states.

PROGRESS

The Senior Alliance staff met with all federal and state elected officials representing the residents of Planning and Service Area 1C at least once to educate them and their staff on the needs of older adults and caregivers, as well as the impact of the programs and services delivered by The Senior Alliance.

The Senior Alliance staff shares information and resources with elected officials for constituents and regularly is a resource to help with constituent issues and resource needs.

To effectively communicate needs of older adults and caregivers, The Senior Alliance staff developed concise and informative one-pagers on key policy and budget issues that impact older adults and caregivers. The Senior Alliance staff met with state legislators to inform them on the potential impact of proposed appropriations and legislation on the lives of older adults and caregivers.

B. Help older adults maintain their health and independence at home and in their community. State Goal Match: 2

Narrative

Develop and use data indicators and participant feedback to improve program quality, satisfaction and outcomes for participants. The Senior Alliance recognizes falls are a serious issue for older adults, with 80% of falls occurring in the bathroom. The Senior Alliance will take a proactive approach toward fall prevention by evaluating Care Management program participants who lack bathroom safety equipment, providing and installing fall prevention assistive technologies as needed, and as funds are available.

Objectives

1. Develop new data-driven procedures and report utilization to increase appropriate, specific interventions. Timeline: 10/01/2022 to 09/30/2026

Activities

 Develop new reporting and follow-up procedures related to participant satisfaction and feedback surveys.
 Train staff on consistent approaches to quality case management and resource utilization during the current caregiver shortage in our area.

3. Include prevalence of falls data from COMPASS assessment tool for program participants as a regular quality outcome indicator. Regularly identify individual participants who recorded a fall on follow-up assessments and review care-plans for fall prevention techniques, interventions, or potential assessment errors. Utilizing person centered planning philosophy, The Senior Alliance staff can use this data to identify focus areas to improve health outcomes.

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Expected Outcome

Improve participant satisfaction as demonstrated by an increase in positive responses to the feedback survey. Increase accuracy in COMPASS assessment reporting data. Decrease in the overall percentage of clients who record a fall during follow-up assessments.

PROGRESS

Program participant satisfaction survey is sent bi-annually to Care Management and Case Coordination and Support participants. Care Management and Case Coordination and Support staff are regularly trained on initiatives and service standards for Personal Care, Homemaking, Respite, and Personal Emergency Response System.

TCARE (caregiver burnout intervention) and Championing Healthy Aging Through Socialization (CHATS, a social isolation intervention) are ongoing agenda items for staff meetings to provide staff with information on the programs and increase appropriate staff referrals to these programs.

The Personal Emergency Response System standard was reviewed in January 2024. The Homemaking standard was reviewed in February 2024.

Service utilization was reviewed in Q1 of 2025.

 Provide and install bathroom safety equipment for Care Management program participants to reduce fall risk, as funding is available.
 Timeline: 10/01/2022 to 09/30/2026

<u>Activities</u>

1. The Senior Alliance staff will identify Care Management program participants who lack bathroom safety equipment.

2. The Senior Alliance will provide and install necessary bathroom safety equipment.

3. The Senior Alliance will provide Personal Emergency Response System units and offer enhanced Personal Emergency Response System units with fall detectors.

Expected Outcome

With available funding, a reduced rate of falls in the bathroom due to the installation of assistive technologies.

PROGRESS

Installed grab bars and handheld shower heads and ordered shower chairs and shower benches for Care Management participants.

The Senior Alliance also continued to provide Personal Emergency Response Systems with fall detection for Care Management participants.

Distributed durable medical and assistive equipment to support caregivers and help older adults stay independent in their homes.

C. Promote elder and vulnerable adult rights and justice.

State Goal Match: 3

FY 2026

Narrative

The State Health Insurance Assistance Program and the Long-Term Care Ombudsman for Area Agency on Aging 1C and our partners will educate individuals, stakeholders and advocates to increase awareness of elder abuse protections.

Objectives

1. Provide information and education to older adults, caregivers and stakeholders to raise awareness about elder abuse.

Timeline: 10/01/2022 to 09/30/2026

Activities

1. State Health Insurance Assistance Program, the Long-Term Care Ombudsman, and other agency staff will collaborate with Adult Protective Services, legal assistance programs, the federal Administration on Community Living, the Michigan Department of Health and Human Services, and other community organizations to raise awareness and prevent elder abuse.

2. Participate as presenters and an information resource at health fairs, senior fairs, legislative town halls and public outreach events to raise awareness of elder abuse issues, especially abuse related to financial exploitation.

Expected Outcome

Older adults, caregivers and stakeholders in Planning and Services Area 1C will have an increased awareness about elder abuse and exploitation.

PROGRESS

1. Long-Term Care Ombudsman sponsored and offered a table of resources at the Elder Abuse Has No Borders Conference at Madonna University.

2. Long-Term Care Ombudsman also participated in one additional community outreach events providing information and education to raise awareness about elder abuse.

3. Long-Term Care Ombudsman distributed Michigan Long-Term Care Ombudsman, "A Pocket Guide for Abuse Prevention" to service area nursing home staff.

 The Long-Term Care Ombudsman will work to increase coordinated and collaborative approaches to assisting older adults and their caregivers understand long-term care. Timeline: 10/01/2022 to 09/30/2026

Activities

1. The Long Term Care Ombudsman (LTCO) will pursue a person-centered, multi-disciplinary team care planning approach involving all disciplines related to resident care services, including outside clinical services.

2. The LTCO will distribute written materials to family councils regarding resolving concerns.

3. The LTCO will provide and participate in community educational programs.

4. The LTCO will maintain relationships and open communication with the State Health Insurance Assistance Program, Adult Protective Services at the Michigan Department of Health and Human Services, legal services providers, Michigan Peer Review Organization (MPRO), the state Bureau of Child and Adult Licensing, the state Attorney General's Health Care Fraud Unit, and other relevant community organizations.

Expected Outcome

Information about long-term care and the prevention of elder abuse will be communicated to partner organizations and throughout PSA 1C. The Long-Term Care Ombudsman will establish relationships with key stakeholders and state agencies to quickly report elder abuse and exploitation.

PROGRESS

Long-Term Care Ombudsman provided numerous instances of long-term care education to residents, community members and facility staff. Long-Term Care Ombudsman provided

- ·98 instances about Medicaid
- ·58 instances about Medicare
- ·94 instances about rules and regulations
- ·70 instances about complaint process
- ·27 instances about involuntary discharges
- ·44 instances about long-term care options
- ·44 instances about community services
- ·682 instances about ombudsman services

·36 instances about guardianship, durable power of attorney, conservatorship, and representative payee

·152 instances about resident rights

·17 instances about abuse prevention.

D. Conduct responsible quality management and coordination of the vendor network in PSA 1C. State Goal Match: 3

Narrative

The Senior Alliance will continue to monitor the quality of providers in our vendor network . New vendors applying to become part of the vendor network are initially credentialed by completing an application. Once part of the network, vendors are re-credentialed through the same application process every three years in order to maintain compliance with all standards. The Senior Alliance continually monitors certain compliance requirements that are considered high risk on an ongoing basis, such as insurance documentation and licenses, to ensure that vendors are keeping this documentation active. The Senior Alliance also conducts programmatic and fiscal assessments for all vendors at least once every three years. Some vendors may be monitored more frequently, based on risk factors such as the number of The Senior Alliance participants that they serve, the number of complaints received from participants, and if they have had compliance issues on past assessments. Vendors receive feedback from The Senior Alliance based on their performance during the assessment. Based on the results of the assessment, The Senior Alliance may take additional action which can include taking back funds for billed services that do not have support documentation, being placed on a probationary status, and/or contract termination.

Objectives

 Secure a reliable and substantial network of vendors that are compliant with the Bureau of Aging, Community Living, and Supports, Michigan Department of Health and Human Services, and The Senior Alliance standards, while ensuring all participants are receiving services. Timeline: 10/01/2022 to 09/30/2026

<u>Activities</u>

Complete fiscal and programmatic assessments for 100% of Purchase of Service vendors over a three-year period.

Expected Outcome

The Senior Alliance will be able to maintain an active network of vendors that will provide quality services to participants.

PROGRESS

In fiscal year 2023, The Senior Alliance added three new vendors to our vendor pool. In fiscal year 2024, we added six new vendors. In fiscal year 2025, we have added five new vendors to our pool, and plan to add at least five more throughout the rest of the fiscal year. The types of vendors added in fiscal year 2025 include home care, transportation, and a licensed home for the aged.

2. Identify any compliance issues that vendors may have as quickly as possible. Timeline: 10/01/2022 to 09/08/2026

Activities

1. Monitor high risk compliance items, including insurance and licensure requirements, on a regular basis.

2. Engage vendors who exhibit compliance issues outside of the assessment, and require those vendors to submit Corrective Action Plans to confirm that improvements have been made.

Expected Outcome

The Senior Alliance will be able to correct compliance issues that arise in a timely manner.

PROGRESS

Audits are currently ongoing for FY 2025. Vendor complaints are regularly being reviewed, with trends being reviewed in quarterly meetings. We are continuously following up with vendors when their insurance and/or licenses expire. State of Michigan Licensing and Regulatory Affairs (LARA) checks for licensure status will be conducted over the summer.

The Senior Alliance, Inc.

FY 2026

Planned Service Array

Complete the FY 2026 AIP Planned Service Array form for your PSA. Indicate the appropriate placement for each ACLS Bureau service category and regional service definition. Unless noted otherwise, services are understood to be available PSA-wide.

Category	Services
Provided by Area Agency	Access
	Care Management
	Case Coordination and Support
	Information and Assistance
	• Outreach
	Transportation
	In-Home
	Friendly Reassurance
	Medication Management
	Community
	Long Term Care Ombudsman
	Caregivers of Older Adults Services
	Caregiver Case Management
	Caregiver Information and Assistance
	Caregiver Supplemental Services
	Regional Services
	Gap Filling Services
Contracted by Area Agency	Access
	Transportation
	In-Home
	Assistive Devices & Technologies
	Home Care Assistance
	Home Injury Control
	• Homemaking
	Medication Management
	Personal Care
	Community
	Disease Prevention/Health Promotion
	• Legal Assistance

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	Community
	 Prevention of Elder Abuse, Neglect and Exploitation
	Senior Center Staffing
	Nutrition Services
	Congregate Meals
	Home Delivered Meals
	Supplemental Nutrition Services - Oral Nutrition Supplements
	Caregivers of Older Adults Services
	Adult Day Services
	Caregiver Education
	• Respite Care
	Older Relative (Kinship) Caregiver Services
	Kinship Caregiver Supplemental Services
Participant Private Pay	Community
	Assistance to Hearing Impaired & Deaf Community
	Counseling Services
	• Health Screening
	• Home Repair
	Vision Services
	Nutrition Services
	Nutrition Counseling
	Nutrition Education
Funded by Other Sources	Regional Services
	Social Isolation Intervention (Hearken)

* Not PSA-wide