

## HOME SAFETY ASSESSMENT

To age in place safely, it might be necessary to modify the living environment to prevent injuries. Some adjustments, such as changing cabinet hardware or securing rugs, can be accomplished quickly with minimal expertise. However, more extensive structural changes may be required to maintain accessibility depending on the needs of your loved one. In limited situations financial support for home modifications may be available.

**For more information on local support services, contact The Senior Alliance at 734-722-2830.**

Before initiating modifications, assess the current home environment to determine necessary changes and identify those that can be managed independently. The following sections provide a general overview of home safety recommendations. Keep in mind that different homes and personal circumstances may require tailored adaptations.

General Items				
Item	Yes	No	N/A	Notes
Smoke detectors installed on every floor and near bedrooms.				
Carbon monoxide detectors installed on each floor and near bedrooms.				
Smoke and carbon monoxide detectors tested and functional.				
At least one fire extinguisher in the home (note the location and expiration date).				
List of emergency contacts posted in an accessible location.				
Fire escape plan posted in an accessible location.				
All cabinet hardware is easy to open (pulls are generally easier than knobs).				

Lighting				
Item	Yes	No	N/A	Notes
Entrances and exits are well lit (motion detection preferred).				
Hallways and stairs are well lit with switches at both ends.				
Switches are push activated for accessibility.				
Night lights installed in hallways, bathrooms, and bedrooms.				



Floors and Walkways				
Item	Yes	No	N/A	Notes
Rugs and carpets are securely fastened or removed if they pose a tripping hazard.				
Hallways and walkways are free of clutter.				
Electrical cords are secured away from walkways.				

Stairs and Steps				
Item	Yes	No	N/A	Notes
Handrails are secure and present on both sides of the stairways.				
Steps are clearly visible, possibly enhanced with contrasting tape.				
Non-slip surfaces or treads are present on steps.				

Bedrooms				
Item	Yes	No	N/A	Notes
Bed height suitable for safe transfers in and out of bed.				
Phone accessible from the bed for emergencies.				
Clear pathway from bed to bathroom.				



Bathrooms				
Item	Yes	No	N/A	Notes
Grab bars installed in the shower, tub, and near the toilet.				
Non-slip mats placed in the tub and shower area.				
Toilet height is appropriate, with raised seat if necessary.				
Shower is accessible, with walk-in features, bath bench, or shower seat if needed.				
Bathroom vanity is at a suitable height, with an accessible opening for a wheelchair if required.				

Kitchen				
Item	Yes	No	N/A	Notes
Frequently used items stored at an easily reachable height.				
Appliance knobs are easy to use and clearly marked.				
Automatic shut-off features on appliances are functional if available.				
Flammable items are kept away from the stove and oven.				

