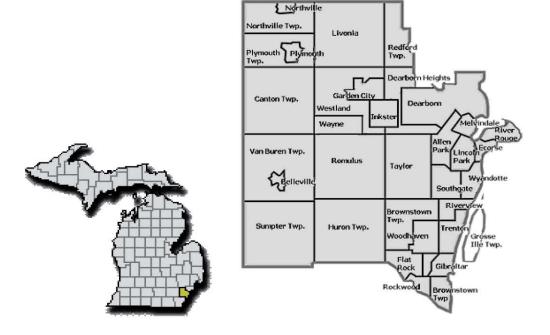
### 2023-2025 Multi Year Plan

# FY 2025 ANNUAL IMPLEMENTATION PLAN THE SENIOR ALLIANCE, INC. 1-C



### **Planning and Service Area**

Serves all Wayne County (Excluding areas served by Region 1-A)

### The Senior Alliance, Inc. 1-C

5454 Venoy Road Wayne, MI 48184 734-722-2830 1-800-815-1112 (SE Mich only) 734-722-2836 (fax) Jason Maciejewski, CEO https://thesenioralliance.org

### **Field Representative Cindy Albrecht**

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# BUREAU OF AGING, COMMUNITY LIVING, AND SUPPORTS FY2023-2026 Multi Year Plan

The Senior Alliance, Inc. FY 2025

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# BUREAU OF AGING, COMMUNITY LIVING, AND SUPPORTS FY2023-2026 Multi Year Plan

The Senior Alliance, Inc. FY 2025

### **Executive Summary**

Include a summary that describes the AAA and the implementation plan including a brief description of the PSA, the AAA's mission, and primary focus for FY 2025.

### Instructions

Please include in the Executive Summary a brief description of the following:

- A. The PSA and any significant new priorities, plans, or objectives set by the AAA for the use of federal and state funding during FY 2025. If there are no new activities or changes, note that in your response.
- B. Describe how the AAA educates the public, its partners, and service providers on the Administration for Community Living (ACL) and the ACLS Bureau expectations regarding targeting older adults in the greatest social and/or economic need including populations that have been historically underserved.
- C. Current information about contingency planning for potential reduced federal funding (if plans include the pursuit of alternative funding, identify specific funding sources).
- D. Progress made through advocacy efforts to date and focus of advocacy efforts in FY 2025.
- E. A brief description of AAA's successes over the past year and any anticipated challenges.

The Senior Alliance is a 501(c)(3) non-profit organization responsible for planning and coordinating a network of services as the designated Area Agency on Aging for Region 1C. As an Area Agency on Aging, The Senior Alliance serves an estimated 245,187 older adults residing in southern and western Wayne County, 9.6% of whom are living under the poverty level. The population in Region 1C is approximately 16.8% Black and 6.0% Hispanic or Latino. There is a significant Arab American and Middle Eastern and North African population residing in Region 1C. Although accurate data on Middle Eastern and North African ethnicity at the individual level are not available, we know that 6.6% of all households in the region speak Arabic rather than English at home. (Data are from the U.S. Census Bureau 2018-2022 American Community Survey 5-Year Estimates, Tables S0101, S1701, DP05, B16002.)

Founded in 1980, The Senior Alliance mission is "assisting people to thrive as they live, age and grow." We envision our role as "leading our community toward a healthy future where all have the opportunity to engage, connect, and contribute." Our foundation is built upon enabling access to the network of home and community-based long-term supports and services available through Older Americans Act funding. These services include nutrition programs, Care Management, Case Coordination & Support, Information & Assistance, Transportation, Michigan Medicare Assistance Program, Long Term Care Ombudsman Program, Adult Day Care, evidence-based health & wellness programs, legal assistance, and telephonic Friendly Reassurance. A particular focus is given to advocating for the needs of older adults, caregivers, and individuals living with a disability.

FY 2024 and FY 2025 priorities include growing Options Counseling, expanding family caregiver supports and resources, and developing a comprehensive emergency management plan.

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- The Senior Alliance began providing Options Counseling as a direct service in FY 2024 and will continue growing the service in FY 2025 to better serve the public by reviewing long-term supports and services individuals may qualify to receive and providing comprehensive, unbiased information on how services may be accessed.
- The statewide Caregiver Resource Center funds in FY 2024 have helped The Senior Alliance build tools and resources that will be available in FY 2025 or sooner including a caregiver awareness campaign and educational tools that include caregiver self-identification, prioritizing self-care when caregiving, and identifying and accessing resources.
- The Senior Alliance is developing a comprehensive emergency management planin FY 2025 to help ensure the safety and well-being of older adults, the aging network, and employees in the event of an emergency. The Senior Alliance staff identified the need to develop a plan specific to agency operations and programs after following Wayne County Senior Services' emergency protocols for several years.
- The Senior Alliance is working with SAGECare in FY 2024 to provide LGBTQ+ competency training on LGBTQ+ aging issues.

The Senior Alliance educates the public, its partners and service providers is through the efforts of our outreach team, which engages in outreach presentations and resource fairs throughout Region 1C. These events serve as platforms for sharing information about The Senior Alliance's programs and services while also sharing about expectations and strategies for targeting underserved older adults. Our advocacy team organizes legislative meetings to advocate for policies that address the needs of these populations. The Senior Alliance provides Information and Assistance and Michigan Medicare Assistance Program services directly within the community. These on-the-ground services enable The Senior Alliance to connect with older adults who may face barriers to accessing traditional service channels.

Recognizing the importance of language accessibility, The Senior Alliance ensures that educational materials are translated into languages most commonly spoken in the communities we serve, such as Arabic and Spanish. This commitment to language translation enhances outreach efforts and promotes inclusivity among diverse populations. The Senior Alliance actively engages with community partners who have established connections and trust within underserved populations. These collaborations ensure The Senior Alliance can effectively reach older adults in need and ensure services are accessible to all populations.

Regular communication with contracted providers and purchase of service vendors is another key aspect of The Senior Alliance's education and outreach strategy. By maintaining open lines of communication and providing guidance on expectations, we ensure that service providers are equipped to effectively serve older adults in greatest need, including historically underserved populations.

In the event of reduced federal funding, The Senior Alliance Board of Directors and management team would review current services to evaluate the number of individuals served, the degree of unmet need, and the fiscal investment. This evaluation would result in targeted cuts that may include elimination of program(s) that impact fewer individuals or service needs addressed by other agencies. The Senior Alliance currently maintains a fund balance at auditor suggested levels, which allows the agency to smoothly manage program funding changes through participant attrition rather than abrupt action.

The majority of the services authorized by the Older Americans Act available in The Senior Alliance region

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# BUREAU OF AGING, COMMUNITY LIVING, AND SUPPORTS FY2023-2026 Multi Year Plan

The Senior Alliance, Inc. FY 2025

are supplemented by state funding because Wayne County does not have a senior millage. The Senior Alliance will continue to pursue grants and charitable funding from local, regional, and national funders to further the availability of resources as part of an overall strategy to leverage existing partnerships and those with future potential. Active contribution seeking activities will continue to position the agency to avoid significant service disruption if a reduction in funding occurs. Wait lists for programs and services that may not have been instituted previously may also occur if necessary.

The Senior Alliance developed its 2024 Advocacy Platform and advocacy one-pagers on policy and funding issues of high importance for older adults and caregivers: Increased appropriations for Long Term Care Ombudsman, increasing MI Choice Medicaid Waiver rates, and increase appropriations to nutrition and in home services. The Senior Alliance advocacy materials were shared with Area Agency on Aging partners statewide to use as a template for their own advocacy efforts. The Senior Alliance staff has met with every state and federal legislative office representing its region, as well as several county and local elected officials, to share information about The Senior Alliance and the needs of older adults. Continued advocacy and education on the needs of older adults will continue throughout the year.

### **SUCCESSES**

- The Senior Alliance expanded the reach of its Michigan Medicare Assistance Program through a community-based model, which has monthly in-person Michigan Medicare Assistance Program counseling at sites across the region.
- Michigan Medicare Assistance Program strengthened its outreach to the Middle Eastern and North African community by working closely with ACCESS to train ACCESS staff as counselors, many of whom offer Medicare counseling in Arabic.
- Michigan Medicare Assistance Program held a Hispanic Outreach event in April 2023 with bilingual presentation, which helped foster new connections within the Latino/Hispanic community.
- Joy for All Companion Pets, music players, and medication dispensers were distributed to The Senior Alliance program participants to combat social isolation.
- The home delivered meals program, administered by Wayne County Senior Services, returned most routes to four-day per week delivery.
- Launched Information & Assistance in the Community as a monthly offering in conjunction with Michigan Medicare Assistance Program in the Community at rotating locations in Region 1C, with priority to low income and minority communities.
- The Senior Alliance contracted nutrition services provider, Wayne County Senior Services, launched the first halal congregate meal program in the nation in July 2023 in partnership with ACCESS.
- -Commodity Supplemental Food Program boxes with shelf stable food were delivered to participants through Door Dash in partnership with Gleaners.
- Emergency groceries were delivered through Shipt as a gap filling service to assist in one time emergency grocery needs such as hospitalization, transportation, and financial issues.
- -Meadows of Southgate resource fair was held for those effected by a fire in a senior high-rise apartment, which displaced over 100 residents. The resource fair was held along with the city of Southgate, Secertary of State, and other local nonprofits. It assisted the residents with housing, food, clothes, obtaining state documents, and more.

### **CHALLENGES**

- The Senior Alliance and its Purchase of Service vendors for in-home services need clarification on how

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Electronic Visit Verification will be implemented.

- Recruiting volunteers for home delivered meals delivery has proven to be a challenge. The Senior Alliance is working closely with its home delivered meals provider, Wayne County Senior Services, to assist with - nutrition program outreach and volunteer recruitment efforts.

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### **County/Local Unit of Government Review**

The Michigan Department of Health and Human Services (MDHHS) recognizes the importance of local collaboration including consultation of the complete AIP for each AAA with their county/local unit of government to encourage and foster collaboration between Older Americans Act (OAA) programming and that provided by other non OAA resources.

The Area Agency on Aging (AAA) must send a notification of the complete AIP to the chairperson of each County Board of Commissioners. Notification can be sent via U.S. Mail or by electronic means, with delivery and signature confirmation, no later than June 21, 2024. For a Planning and Service Area (PSA) comprised of a single county or portion of the county, notification of the AIP is to be sent to each local unit of government. The AAA must notify their Bureau of Aging, Community Living, and Supports (ACLS Bureau) Field Representative by July 22, 2024, of any comments or feedback received from their county/local unit of government. If no comments or feedback were received, please indicate that in your response. AAAs are encouraged to provide a copy of their official press release for public hearing to their county/local unit of government as well. The AAA may use electronic communication, including email and website-based documents, as an option for local government notification and consultation of the AIP. To employ this option, the AAA must do the following:

- Send a letter through the U.S. Mail, with delivery and signature confirmation, or an email requiring a response confirming receipt to the chief elected official of each appropriate local government advising them of the availability of the final draft AIP on the AAA's website.
- Offer to provide a printed copy of the AIP via U.S. Mail, or an electronic copy via email, if requested.
- Be available to discuss the AIP with local government officials, if requested.
- Request email notification from the local unit of government of their feedback of the AIP or concerns.

### Instructions

Describe the AAA's efforts, including use of electronic communication, to distribute the AIP to the appropriate county and/or local units of government to gain support.

### TRIBAL NOTIFICATION

The Michigan Department of Health and Human Services (MDHHS) has an established relationship of working directly with the Federally Recognized Sovereign Indian Tribes of Michigan (Tribes). As part of this work, MDHHS recognizes the importance of Tribal notification including consultation of the complete AIP for each AAA within their PSA to encourage and foster collaboration between Title III and Title VI programming as outlined in the Older Americans Act (OAA).

AAAs, please send an official notification of your complete AIP for any Tribe(s) within your PSA for their review and consultation. If there are no Tribes within the PSA, please indicate that in your response and if a Tribe crosses more than one PSA, each AAA is still expected to send their AIP to Tribes within the PSA. Notification can be sent via U.S. Mail or by electronic means, with delivery and signature confirmation, no later than June 21, 2024. The AAA will notify their ACLS Bureau Field

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Representative by July 22, 2024, of any comments or feedback received from their Tribe(s). If no comments or feedback are received, please indicate that in your response. The AAA may use electronic communication, including email and website-based documents, as an option for Tribe notification and consultation of the AIP. To employ this option, the AAA must do the following:

- Send a letter through the U.S. Mail, with delivery and signature confirmation, or an email requiring a response confirming receipt to the Chairperson of the Tribal Council advising them of the availability of the final draft AIP on the AAA's website (instructions for how to view and print the document must be included).
- Offer to provide a printed copy of the AIP via U.S. Mail, or an electronic copy via email, if requested.
- Be available to discuss the AIP with Tribal elders and/or Tribal officials, if requested.
- Request email notification from the Tribe of their comments and feedback of the AIP or concerns.

### **Instructions**

Describe the AAA's efforts, including use of electronic communication, to distribute the AIP to the appropriate Tribe(s) within your PSA for notification and consultation. Describe any current and future collaborative efforts with Tribe(s) within your PSA including any anticipated outreach efforts. AAAs, note whether your Policy and Advisory Boards have representation from the Tribe(s) and/or elders within your PSA. If not, describe the AAAs efforts to build and foster relationships with the Tribe(s) to encourage potential representation on these respective boards.

### Local Units of Government

The Senior Alliance will inform each chief elected official of the 34 local units of government comprising the Planning and Service Area 1C of southern and western Wayne County about the availability of the FY 2025 Annual Implementation Plan, as approved by the Board of Directors, on The Senior Alliance website by May 27, 2024. This notice will be sent in a letter via the U.S. Mail and by email. The letter will contain information on how to access, view, and print the FY 2025 Annual Implementation Plan document. This letter will also advise that a printed copy of The Senior Alliance FY 2025 Annual Implementation Plan can be sent via U.S. Mail, or as an electronic copy via email, if requested. The letter and email will also note that The Senior Alliance Chief Executive Officer and Planning & Advocacy Specialist are available to discuss the FY 2025 Annual Implementation Plan, if requested.

### **Tribal Notification**

There is not a Federally Recognized Sovereign Indian Tribe within Planning and Service Area 1C. However, The Senior Alliance will inform American Indian Health and Family Services about the availability of the FY 2025 Annual Implementation Plan, as approved by the Board of Directors, on The Senior Alliance website by May 27, 2024. This notice will be sent in a letter via the U.S. Mail and by email, The letter will contain information on how to access, view, and print the FY 2025 Annual Implementation Plan document. This letter will also advise that a printed copy of The Senior Alliance FY 2025 Annual Implementation Plan can be sent via U.S. Mail, or as an electronic copy via email, if requested. The letter and email will also note that The Senior Alliance Chief Executive Officer and Planning & Advocacy

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# BUREAU OF AGING, COMMUNITY LIVING, AND SUPPORTS FY2023-2026 Multi Year Plan

The Senior Alliance, Inc.

FY 2025

Specialist are available to discuss the FY 2025 Annual Implementation Plan, if requested.

### **Other Notifications**

Notification of the draft FY 2025 Annual Implementation Plan availability will be sent to The Senior Alliance Board of Directors prior to the public hearings on May 13, 2024 and May 14, 2024. The Senior Alliance Board of Directors is partly comprised of individuals appointed by Conference of Western Wayne and Downriver Community Conference. Conference of Western Wayne and Downriver Community Conference memberships are constituted of the chief elected officials within Planning and Service Area 1C.

The Senior Alliance Advisory Council and current Community Focal Points will receive the FY 2025 Annual Implementation Plan Public Hearing notice and a link to the draft FY 2025 Annual Implementation Plan. The Community Focal Points will be encouraged to share the draft FY 2025 Annual Implementation Plan and the public hearing notice within their communities.

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# BUREAU OF AGING, COMMUNITY LIVING, AND SUPPORTS FY2023-2026 Multi Year Plan

The Senior Alliance, Inc. FY 2025

### **Access Services**

Access services may be provided to older adults directly through the AAA without a direct service provision request. These services include Care Transition Coordination & Support; Care Management; Case Coordination and Support; Options Counseling; Disaster Advocacy and Outreach Programs; Information and Assistance; Outreach, with specific attention to outreach with underserved populations, and Merit Award Trust Fund/State Caregiver Support-funded transportation. If the AAA is planning to provide any of the above noted access services directly during FY 2025, complete this section.

### Instructions

Select from the list of access services those services the AAA plans to provide directly during FY 2025, and provide the information requested. Specify, in the appropriate text box for each service category, the planned goals and activities that will be undertaken to provide the service.

The Area Plan Grant Budget that is uploaded and saved in AMPS must include each access service to be provided directly in the Direct Service Budget details tab. The funding identified in this tab should correspond to the funding (Federal OAA Title III or VII and state funds) identified in the Area Plan Grant Budget's Support Services Detail tab. The method of provision must be specified in the Service Summary tab.

### **Care Management**

Starting Date 10/01/2024 Ending Date 09/30/2025

Total of Federal Dollars

Total of State Dollars

Geographic area to be served

PSA<sub>1C</sub>

Specify the planned goals and activities that will be undertaken to provide the service.

### <u>GOAL</u>

Provide quality Care Management services throughout the entire Planning and Service Area 1C.

### **ACTIVITIES**

Care Management clients will receive comprehensive assessment and the desired level of assistance with coordination of services most appropriate to their needs and wishes. Enrollment continues on an ongoing basis.

Program quality will be monitored on an ongoing basis. As necessary, program improvements will be made.

Staff training will be identified through quality activities and training will be provided, as needed.

Number of client pre-screenings: Current Year: 730 Planned Next Year: 750

Number of initial client assessments: Current Year: 11 Planned Next Year: 75

Number of initial client care plans: Current Year: 11 Planned Next Year: 75

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# BUREAU OF AGING, COMMUNITY LIVING, AND SUPPORTS FY2023-2026 Multi Year Plan

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Total number of clients (carry over plus new): Current Year: 542 Planned Next Year: 600 Staff to client ratio (Active and maintenance Current Year: 1:62 Planned Next Year: 1:62

per Full time care manager):

**Case Coordination and Support** 

Starting Date 10/01/2024 Ending Date 09/30/2025

Total of Federal Dollars

Total of State Dollars

Geographic area to be served

PSA<sub>1C</sub>

### Specify the planned goals and activities that will be undertaken to provide the service.

### **GOAL**

Provide quality Case Coordination and Support services throughout the entire Planning and Service Area 1C.

### **ACTIVITIES**

Clients who do not currently need a nursing facility level of service, but are at-risk of needing that level of care will receive support to prevent or slow a further medical or functional decline.

Program quality will be monitored on an ongoing basis. As necessary, program improvements will be made.

Staff training will be identified through quality assurance activities and trainings will be provided, as needed.

### **Information and Assistance**

Starting Date 10/01/2024 Ending Date 09/30/2025

Total of Federal Dollars

Total of State Dollars

Geographic area to be served

PSA<sub>1C</sub>

### Specify the planned goals and activities that will be undertaken to provide the service.

### **GOAL**

The Senior Alliance will provide quality Information and Assistance services to the entire Planning and Service Area 1C through the continued engagement and increased partnerships with community-based organizations, local governments, health care entities, community focal points, and local senior centers to gain relevant and up-to-date information on the needs of the community.

### **ACTIVITIES**

The Senior Alliance Information and Assistance Department staff will provide up-to-date information to the entire Planning and Service Area 1C by offering appropriate resources and referrals.

### Outreach

Starting Date 10/01/2024 Ending Date 09/30/2025

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# BUREAU OF AGING, COMMUNITY LIVING, AND SUPPORTS FY2023-2026 Multi Year Plan

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Total of Federal Dollars Total of State Dollars

Geographic area to be served

PSA<sub>1</sub>C

### Specify the planned goals and activities that will be undertaken to provide the service.

### **GOAL**

Ensure all areas of the Planning and Service Area 1C receive information about programs and services available through The Senior Alliance and its vendors.

### **ACTIVITIES**

Information about services for older adults and caregivers will be published and dispersed in a wide variety of formats throughout Planning and Service Area 1C.

The Senior Alliance will maintain an ongoing relationship with community focal points, including senior centers and senior housing complexes within the Planning and Service Area 1C to effectively distribute information and support community dwelling older adults, caregivers, individuals, and their families.

The Senior Alliance staff will continue to provide educational presentations, and participate in community health fairs and other outreach events.

### **Transportation**

Starting Date 10/01/2024 Ending Date 09/30/2025

Total of Federal Dollars

Total of State Dollars

Geographic area to be served

PSA<sub>1C</sub>

### Specify the planned goals and activities that will be undertaken to provide the service.

### **GOAL**

Provide The Senior Alliance's ride-of-last-resort transportation to medical visits, pharmacies, and governmental offices that clients are otherwise unable to access and /or afford.

### **ACTIVITIES**

Residents of the Planning and Service Area 1C will have improved options to access non-emergency medical transportation, housing transitions, benefits application, and enrollment appointments.

In collaboration with the Information and Assistance Department, Transportation Department staff will identify additional community resource options to meet the growing need for transportation services.

### **Options Counseling**

Starting Date 10/01/2024 Ending Date 09/30/2025

Total of Federal Dollars Total of State Dollars

Geographic area to be served

PSA<sub>1C</sub>

Specify the planned goals and activities that will be undertaken to provide the service.

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# BUREAU OF AGING, COMMUNITY LIVING, AND SUPPORTS FY2023-2026 Multi Year Plan

The Senior Alliance, Inc. FY 2025

### **GOAL**

The Senior Alliance will provide quality and unbiased Options Counseling services throughout the entire Planning and Service Area 1C.

### **ACTIVITIES**

The Senior Alliance Information and Assistance Department staff will maintain comprehensive and unbiased knowledge of long term supports and services available within Planning and Service Area 1C.

The Senior Alliance Information and Assistance Department staff will conduct screening interviews with participants to identify needs and resources.

The Senior Alliance Information and Assistance Department staff will explore long term supports and services resources with participants based on the information gathered during the Options Counseling interview.

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# BUREAU OF AGING, COMMUNITY LIVING, AND SUPPORTS FY2023-2026 Multi Year Plan

The Senior Alliance, Inc.

FY 2025

### **Approved MYP Program Development Objectives**

### APPROVED MYP GOALS AND OBJECTIVES

Goals and objectives previously set by the AAA and approved by the CSA in this multi-year planning cycle are included as read-only. For each of these established objectives, a text box is included for the AAA to provide information on progress toward the objectives to date. This text box is editable.

### Instructions

Please provide information on progress to date for each established objective under the section tab entitled "Progress."

For the Diversity, Equity, and Inclusion (DEI) objective, the ACLS Bureau Operating Standards for AAAs have long required that preference be given to serving older persons in greatest social or economic need with particular attention to low-income minority elderly.

Please refer to Operating Standards for AAAs sections C-2 and C-4 along with the Document Library for the ACLS Bureau training completed on Embedding Diversity, Equity & Inclusion (DEI) within Aging Services across Michigan for the MYP Cycle.

Within the progress tab, ensure to address, at a minimum, the below:

Objective 1- Increase services provided to veterans Black, Indigenous (Tribal), and People of Color (BIPOC), and LGBTQ+ seniors served in your region. Please share progress made from FY 2023 through FY 2024 on this objective including any data that the AAA has collected and/or tracked that supports efforts to outreach and/or serve more BIPOC and LGBTQ+ seniors within the PSA. New for FY 2025 AIP, AAAs please describe current methods of outreach and/or targeting of older adults who have served in the US military and ways the AAA could potentially increase services and coordination for veterans and their spouses within the PSA.

Objective 2- Increase the number of AAA staff, providers, caregivers, and volunteers trained in implicit bias, cultural competencies, and root causes of racism. Please describe how the AAA ensures cultural competency trainings reflect the demographics of the seniors residing within the PSA and how the AAA evaluates how staff, providers, caregivers, and volunteers apply this training.

Objective 3- Increase availability of linguistic translation services and communications based on the cultural needs in the region in which you serve. Please include the top 3 requested linguistic translation services for your PSA. How does the AAA ensure staff are trained to identify a possible linguistic translation need of a senior, caregiver, and/or family member?

### **Area Agency on Aging Goal**

A. Advocate, inform, and empower those we serve

### Objectives

1. Serve as an information resource for elected officials on programs and services that impact the lives of

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# BUREAU OF AGING, COMMUNITY LIVING, AND SUPPORTS FY2023-2026 Multi Year Plan

### The Senior Alliance, Inc. FY 2025

older adults and their caregivers.

Timeline: 10/01/2022 to 09/30/2025

### **Progress**

The Senior Alliance staff met with all federal and state elected officials representing the residents of Planning and Service Area 1C at least once to educate them and their staff on the needs of older adults and caregivers, as well as the impact of the programs and services delivered by The Senior Alliance.

The Senior Alliance staff shares information and resources with elected officials for constituents and regularly is a resource to help with constituent issues and resource needs.

To effectively communicate needs of older adults and caregivers, The Senior Alliance staff developed concise and informative one-pagers on key policy and budget issues that impact older adults and caregivers. The Senior Alliance staff met with state legislators to inform them on the potential impact of proposed appropriations and legislation on the lives of older adults and caregivers.

The Senior Alliance staff regularly communicates with elected officials and staff on issues impacting older adults.

2. Advocate on behalf of older adults for increased appropriations and policy changes for community-based in-home services.

Timeline: 10/01/2022 to 09/30/2025

### Progress

The Senior Alliance staff met with all federal and state elected officials representing the residents of Planning and Service Area 1C at least once to share details about operating home and community-based services and long-term services and supports. The Senior Alliance staff shared information about operating Care Management, MI Choice Medicaid Waiver, and MI Health Link programs, including program impacts and opportunities for program enhancements.

The Senior Alliance staff met with all federal and state elected officials representing the residents of Planning and Service Area 1C at least once to advocate for increased appropriations and policy changes that align with Silver Key Coalition, Area Agency on Aging Association of Michigan, and USAging recommendations.

3. Advocate on behalf of older adults for increased appropriations and policy changes for nutritional services. Timeline: 10/01/2022 to 09/30/2025

### **Progress**

The Senior Alliance staff met with all federal and state elected officials representing the residents of Planning and Service Area 1C at least once to share details on the impact nutrition programs, such as home-delivered meals and congregate meals, on the lives of older adults and caregivers.

The Senior Alliance staff met with all federal and state elected officials representing the residents of Planning and Service Area 1C at least once to advocate for increased appropriations and policy changes that align with Silver Key Coalition, Area Agencies on Aging Association of Michigan, and USAging recommendations.

4. Inform and empower older adults, caregivers and stakeholders on issues impacting the lives of older adults in PSA 1C.

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# BUREAU OF AGING, COMMUNITY LIVING, AND SUPPORTS FY2023-2026 Multi Year Plan

The Senior Alliance, Inc. FY 2025

Timeline: 10/01/2022 to 09/30/2025

### **Progress**

The Senior Alliance's 2024 Advocacy Platform was adopted by the The Senior Alliance Board of Directors in December 2023. The 2024 Advocacy Platform identifies policy issues of importance to older adults along with The Senior Alliance's position on policy and appropriation topics. Our staff provides advocacy updates to the Board of Directors at all meetings through informational oral and/or written updates.

The Senior Alliance advocacy e-newsletter, Colloquy, is published monthly via email. Colloquy includes timely advocacy and policy information, updates on legislative action, and how to contact elected officials about policy topics related to older adults and caregivers. Action alerts are issued by email as topics arise. Recent action alerts have been issued on the Medicare Improvements for Patients and Providers Act and Older Americans Act funding.

Inside The Senior Alliance is our monthly podcast that has an advocacy focus. Episodes include conversations about federal and state policy, interviews with elected officials, interviews with advocates across the state, and interviews with state and federal policy influencers and advocates. The Senior Alliance was awarded a national 2023 Aging Achievement Award in Advocacy from USAging for the Inside The Senior Alliance podcast.

B. Help older adults maintain their health and independence at home and in their community.

### Objectives

1. Develop new data-driven procedures and report utilization to increase appropriate, specific interventions. Timeline: 10/01/2022 to 09/30/2025

### **Progress**

Program participant satisfaction survey is sent bi-annually to Care Management and Case Coordination and Support participants. Care Management and Case Coordination and Support staff are regularly trained on initiatives and service standards for Personal Care, Home Making, Respite, and Personal Emergency Response System (PERS).

TCare and Hearken are ongoing agenda items for staff meetings to provide staff with information on the programs and increase appropriate staff referrals to these programs.

The Personal Emergency Response System (PERS) standard was reviewed in January 2024. The Homemaking standard was reviewed in February 2024.

2. Provide and install bathroom safety equipment for Care Management program participants to reduce fall risk, as funding is available.

Timeline: 10/01/2022 to 09/30/2025

### Progress

The Senior Alliance installed grab bars and hand held shower heads and ordered shower chairs and shower benches for Care Management participants.

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# BUREAU OF AGING, COMMUNITY LIVING, AND SUPPORTS FY2023-2026 Multi Year Plan

### The Senior Alliance, Inc.

FY 2025

The Senior Alliance also continued to provide PERS with fall detection for Care Management participants.

### C. Promote elder and vulnerable adult rights and justice.

### Objectives

1. Provide information and education to older adults, caregivers and stakeholders to raise awareness about elder abuse

Timeline: 10/01/2022 to 09/30/2025

### **Progress**

Long Term Care Ombudsman sponsored and offered a table of resources at the Elder Abuse Has No Borders Conference at Madonna University.

Long Term Care Ombudsman also participated in four additional community outreach events providing information and education to raise awareness about elder abuse.

2. The Long Term Care Ombudsman will work to increase coordinated and collaborative approaches to assisting older adults and their caregivers understand long-term care.

Timeline: 10/01/2022 to 09/30/2025

### **Progress**

Long Term Care Ombudsman provided numerous instances of Long Term Care education to residents and family members. Long Term Care Ombudsman provided 62 instances about Medicaid, 99 instances about Medicare, 56 instances about regulation, 70 instances about complaint process, and 23 instances about involuntary discharge.

3. Advocate at the state and federal levels for the rights of older adults.

Timeline: 10/01/2022 to 09/30/2025

### **Progress**

The Senior Alliance 2024 Advocacy Platform was adopted by the Board of Directors in December 2023. The Advocacy Platform identifies policy issues of importance to older adults along with The Senior Alliance's position on policy and appropriation topics, including stronger protections against elder abuse and increased appropriations for the Long Term Care Ombudsman program.

The Senior Alliance's advocacy e-newsletter, Colloquy, is published monthly via email. Colloquy includes timely advocacy and policy information, including issues related to elder abuse and Long Term Care Ombudsman.

D. Conduct responsible quality management and coordination of the vendor network in PSA 1C.

### **Objectives**

1. Secure a reliable and substantial network of vendors that are compliant with the ACLS Bureau, MDHHS, and TSA standards, while ensuring all participants are receiving services.

Timeline: 10/01/2022 to 09/30/2025

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# BUREAU OF AGING, COMMUNITY LIVING, AND SUPPORTS FY2023-2026 Multi Year Plan

The Senior Alliance, Inc.

FY 2025

### **Progress**

In FY 2023, The Senior Alliance received and reviewed many applications from potential vendors. Three new vendors were added to the vendor pool, including a licensed Adult Foster Care and two home care vendors that provide nursing services. For FY 2024, The Senior Alliance is hoping to onboard many more vendors. Two new vendors have already been added to the vendor pool this year, and there are at least three more new vendors that are expected to execute their contract before the end of FY 2024.

2. identify any compliance issues that vendors may have as quickly as possible.

Timeline: 10/01/2022 to 09/30/2025

### **Progress**

The Senior Alliance audits are currently ongoing for FY 2023. Vendor complaints are regularly being reviewed, with trends being reviewed in quarterly meetings. The Senior Alliance is continuously following up with vendors when their insurance and/or licenses expire. State of Michigan Licensing and Regulatory Affairs (LARA) checks for licensure status will be conducted over the summer.

E. Improve the Accessibility of Services to Michigan's Communities and People of Color, Immigrants and LGBTQ+ Individuals.

### Objectives

1. Increase resource access for BIPOC and LGBTQ+ older adults in PSA 1C.

Timeline: 10/01/2022 to 09/30/2025

### <u>Progress</u>

All resources included in TSA online resource directory are asked if they are LGBTQ+ affirming. LGBTQ+ affirming organizations are identified as such in the resource directory for easy identification by the public.

TSA is translating six rack cards and its Service Resource Guide into Spanish and Arabic to ensure wider outreach to non-English proficient older adults and caregivers. Ongoing outreach is being conducted to increase and expand partnerships with organizations serving Arab American, Hispanic/Latino, LGBTQ+, and Black, Indigenous People of Color (BIPOC) older adults.

2. Increase the number of AAA staff, contracted providers, and caregivers trained in implicit bias, cultural competencies and root causes.

Timeline: 10/01/2022 to 09/30/2025

### **Progress**

Two Implicit Bias trainings were issued to all current employees to complete and will be required of all new staff.

Arab American National Museum provided a presentation to all The Senior Alliance employees at the October 2022 All Staff meeting. The training discussed the history and culture of Arab Americans. The May 2023 All Staff meeting includes a presentation on Hispanic and Latino culture and history. The Arab American and Hispanic/Latino presentations are provided for all staff and identify ways to better serve program participants and the public through a lens of cultural sensitivity and understanding.

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# BUREAU OF AGING, COMMUNITY LIVING, AND SUPPORTS FY2023-2026 Multi Year Plan

### The Senior Alliance, Inc.

FY 2025

The Senior Alliance is working with SAGECare to provide LGBTQ+ competency training on LGBTQ+ aging issues to all staff beginning in Summer 2024. SAGECare offers a series of courses that dive deep to illuminate a variety of specialized topics including asking inclusive demographic questions, enriching care for LGBTQ+ older adults of color, transgender aging, and so much more.

Additional trainings on cultural competencies and root causes of racism are being identified for The Senior Alliance employees, contractors and vendors, and caregivers. We anticipate additional trainings will be launched in Summer 2024.

3. Provide linguistic translation services and communication based on cultural needs with PSA 1C. Timeline: 10/01/2022 to 09/30/2025

### **Progress**

Information and Assistance maintains resources for linguistic translation on an as needed basis.

Long Term Care Ombudsman Program utilizes Michigan Long Term Care Ombudsman Program translated resources which has materials available in Arabic, Spanish and Mandarin. Long Term Care Ombudsman collaborates with Long Term Care Ombudsman in another region for translation needs.

Michigan Medicare Assistance Program has at least five Michigan Medicare Assistance Program resources translated and available in Spanish, Arabic, and Chinese.

In FY 2023, The Senior Alliance received grant funds from Michigan Department of Health and Human Services to support materials translation. The grant allowed The Senior Alliance to translate six rack cards and its Service Resource Guide into Arabic and Spanish.

F. Improve the Accessibility of Services to Michigan's Communities and People of Color, Immigrants and LGBTQ+ Individuals.

### Objectives

1. Provide community-based Information and Assistance to ensure equitable access to and awareness of available resources.

Timeline: 10/01/2024 to 09/30/2025

### **Progress**

Information and Assistance in the Community is provided monthly in conjunction with Michigan Medicare Assistance Program in the community at rotating locations with priority to low income and minority communities. The schedule is shared with our Outreach Team, on social media, and will be added to The Senior Alliance website.

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# BUREAU OF AGING, COMMUNITY LIVING, AND SUPPORTS FY2023-2026 Multi Year Plan

The Senior Alliance, Inc. FY 2025

### **2025 Program Development Objectives**

### FY 2025 AIP COLLABORATION WITH STATE PLAN GOALS

Please provide information for any new goals and objectives that are proposed by the AAA during FY 2025.

### <u>Instructions</u>

The AAA may enter a new goal in the appropriate text box. It is acceptable, though not required, if some of the AAA's goals correspond to the ACLS Bureau's state plan goals. There is an entry box to identify which, if any, state plan goal(s) correlate with the entered goal. See the Document Library for Michigan's State Plan on Aging for FY 2024 – FY 2026.

A narrative for each goal should be entered in the appropriate text box. Enter objectives related to each program development goal in the appropriate text box.

Complete the information in the text boxes for the timeline, planned activities and expected outcomes for each objective (see Document Library for additional instructions on completing this section).

# Area Agency on Aging Goal A. State Goal Match: Narrative Objectives 1. Timeline: to Activities

**Expected Outcome** 

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# BUREAU OF AGING, COMMUNITY LIVING, AND SUPPORTS FY2023-2026 Multi Year Plan

The Senior Alliance, Inc. FY 2025

### **Supplemental Documents**

**Document A: Policy Board Membership (Required).** 

**Document B: Advisory Council Membership (Required).** 

### SUPPLEMENTAL DOCUMENTS FOR SPECIAL APPROVAL

Select the supplemental document(s) from the list below <u>only if applicable to the AAA's FY 2025 AIP</u>. Provide all requested information for each selected document. Note that older versions of these documents will not be accepted and should not be uploaded as separate documents.

Document C: Proposal Selection Criteria - <u>should only be completed if there are new or changed criteria for selecting providers</u> (only if applicable).

Document D: Cash-In-Lieu-Of-Commodity Agreement (only if applicable).

Document E: Waiver of Minimum Percentage of a Priority Service Category (only if applicable).

Document F: Request to Transfer Funds (only if applicable).

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### BUREAU OF AGING, COMMUNITY LIVING, AND SUPPORTS FY2023-2026 Multi Year Plan

The Senior Alliance, Inc. FY 2025

# SUPPLEMENTAL DOCUMENT A Board of Directors Membership

	Asian	Black or African American	American Indian or Alaska Native	Hispanic or Latino	Native Hawaiian or Other Pacific	Middle Eastern or North African	White	Total Members hip
Membership Demographics	1	2	0	0	0	1	10	14
Age 60 and Over	1	0	0	0	0	0	4	5
Identifies as Female	0	1	0	0	0	1	8	10
Identifies as Male	1	1	0	0	0	0	2	4
Identifies as Transgender, Non-Binary, or Another Gender	0	0	0	0	0	0	0	0
Gender Undisclosed or Declined to Answer	0	0	0	0	0	0	0	0
Persons with Disabilities	0	0	0	0	0	0	1	1
Persons who Served in the US Military	0	0	0	0	0	0	0	0

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# BUREAU OF AGING, COMMUNITY LIVING, AND SUPPORTS FY2023-2026 Multi Year Plan

The Senior Alliance, Inc.

FY 2025

Board Member Name	Geographic Area	Affiliation	Membership Status
Susan Rowe	Wayne		Appointed
Dr. Denise Brothers	Livonia		Appointed
Dr. Kristine Ajrouch	Northville		Appointed
Robin Bennett	Canton		Appointed
Ayana King	Wyandotte		Community Representative
Edward L. King	Redford		Elected Official
Kathleen McIntyre	Livonia		Elected Official
Roger Myers	Canton		Appointed
Dr. Syed S. Taj	Canton		Community Representative
Kristin Dowling	Garden City		Appointed
Anne Duncan	Van Buren Township		Appointed
Rosemarie Shim	Canton		Community Representative
Adam Sterling	Dearborn		Community Representative

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# BUREAU OF AGING, COMMUNITY LIVING, AND SUPPORTS FY2023-2026 Multi Year Plan

The Senior Alliance, Inc. FY 2025

# SUPPLEMENTAL DOCUMENT B Advisory Board Membership

	Asian	Black or African American	American Indian or Alaska Native	Hispanic or Latino	Native Hawaiian or Other Pacific	Middle Eastern or North African	White	Total Members hip
Membership Demographics	0	1	0	0	0	1	14	16
Age 60 and Over	0	1	0	0	0	1	9	11
Identifies as Female	0	0	0	0	0	1	11	12
Identifies as Male	0	1	0	0	0	0	3	4
Identifies as Transgender, Non-Binary, or Another Gender	0	0	0	0	0	0	0	0
Gender Undisclosed or Declined to Answer	0	0	0	0	0	0	0	0
Persons with Disabilities	0	0	0	0	0	0	1	1
Persons who Served in the US Military	0	0	0	0	0	0	1	1

Board Member Name	Geographic Area	Affiliation			
Susan Rowe	Wayne				
Joan Siavrakas	Wayne	Wayne County Senior Services			
Michael Harris	Westland	Michigan Paralyzed Veterans of America			
Ann Andrews	Plymouth	National Kidney Foundation of Michigan			
Amne Darwish Talab	Dearborn	ACCESS			
Carolyn Marengere	Southgate	Assisted Living Locators			

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# BUREAU OF AGING, COMMUNITY LIVING, AND SUPPORTS FY2023-2026 Multi Year Plan

### The Senior Alliance, Inc. FY 2025

Carrie Harnish	Canton	
Christine Meath	Canton	
Dianne Neihengen	Canton	
Jack Bird	Canton	MMAP Volunteer
Jean Barnas	Livonia	Alzheimer's Association of Michigan
Marti Coplai	Livonia	Angela Hospice
Sandy Bonavero	Westland	
Dr. Tom Jankowski	Canton	Wayne State University
Thomas J. Jankowski	Westland	
Vanessa Metti	Farmington	Excellacare

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# BUREAU OF AGING, COMMUNITY LIVING, AND SUPPORTS FY2023-2026 Multi Year Plan

The Senior Alliance, Inc. FY 2025

### **Planned Service Array**

Complete the FY 2025 AIP Planned Service Array form for your PSA. Indicate the appropriate placement for each ACLS Bureau service category and regional service definition. Unless noted otherwise, services are understood to be available PSA-wide.

	Access	In-Home	Community
Provided by Area Agency	<ul> <li>Care Management</li> <li>Case Coordination and Support</li> <li>Information and Assistance</li> <li>Outreach</li> <li>Transportation</li> <li>Options Counseling</li> </ul>	Medication Management     Friendly Reassurance	Long-term Care     Ombudsman/Advocacy
Contracted by Area Agency	Transportation	Home Care Assistance     Homemaking     Home Delivered Meals     Home Health Aide     Personal Care     Assistive Devices & Technologies     Respite Care	Adult Day Services     Congregate Meals     Disease Prevention/Health Promotion     Legal Assistance     Senior Center Staffing     Programs for Prevention of Elder Abuse, Neglect, and Exploitation     Kinship Support Services     Caregiver Education, Support and Training
Participant Private Pay			Dementia Adult Day Care     Nutrition Counseling     Nutrition Education     Health Screening     Assistance to the Hearing Impaired and Deaf     Home Repair     Vision Services     Counseling Services
Funded by Other Sources			Nutrition Education     Senior Center Operations     Counseling Services     Caregiver Supplemental Services     Caregiver Education, Support and Training

<sup>\*</sup> Not PSA-wide

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# BUREAU OF AGING, COMMUNITY LIVING, AND SUPPORTS FY2023-2026 Multi Year Plan

The Senior Alliance, Inc.

FY 2025

### **Planned Service Array Narrative**

Describe the area agency's rationale/strategy for selecting the services funded under the AIP in contrast to services funded by other resources within the PSA, especially for services not available PSA-wide.

### Instructions

Use the provided text box to detail the Planned Service Array narrative.

The Senior Alliance funds the majority of services authorized by the Older Americans Act with state and federal funding because Wayne County does not have a senior millage. The Senior Alliance pursues grants and charitable funding to support programs and offer new services, as available.

Nutrition education for home delivered meals, congregate meals, and liquid meals are provided by a Registered Dietician; which is a contracted service with the meal program contractor.

The Senior Alliance provides financial assistance to support senior center staffing in municipalities which submit bids in Planning Service Area 1C.

Health screenings are not supported by The Senior Alliance, but are provided by private entities and are listed in The Senior Alliance's resource database.

Assistance for the hearing impaired and deaf is a niche service that The Senior Alliance lists in the resource database. Counseling services are a niche service that The Senior Alliance does not have the capacity to fill.

Gap Filling Services are provided by The Senior Alliance. These services include emergency groceries, nutrition supplements, and other services that do not fall within other service categories.

Hearken, our mental health program combating loneliness and social isolation in older adults is currently funded through a grant through the Michigan Endowment Fund.

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# FY 2025 AREA PLAN GRANT BUDGET Agency: The Senior Alliance Budget Period: 10/01/24 to 09/30/25 PSA: 1C Date: 04/12/24 Rev. No.: 0 Page 1of 3

	SERVICES SUMMAI	RY	
	SUPPORTIVE	NUTRITION	
FUND SOURCE	SERVICES	SERVICES	TOTAL
Federal Title III-B Services	1,001,398		1,001,398
2. Fed. Title III-C1 (Congregate)		424,067	424,067
State Congregate Nutrition		21,982	21,982
4. Federal Title III-C2 (HDM)		1,790,330	1,790,330
5. State Home Delivered Meals		1,090,708	1,090,708
8. Fed. Title III-D (Prev. Health)	75,849		75,849
9. Federal Title III-E (NFCSP)	487,459		487,459
10. Federal Title VII-A	16,980		16,980
10. Federal Title VII-EAP	14,940		14,940
11. State Access	65,613		65,613
12. State In-Home	1,735,595		1,735,595
13. State Alternative Care	256,554		256,554
14. State Care Management	503,822		503,822
15. St. ANS	102,317		102,317
16. St. N ursing Home Ombs (NHO)	38,661		38,661
17. Local Match			
a. Cash	-	-	-
b. In-Kind	521,524	593,194	1,114,718
18. State Respite Care (Escheat)	81,729		81,729
19. MATF	274,415		274,415
19. St. CG Support	37,206		37,206
20. TCM/Medicaid & MSO	16,037		16,037
21. NSIP		596,850	596,850
22. Program Income	6,000	-	6,000
TOTAL:	5,236,099	4,517,131	9,753,230

ADMINISTRATION										
Revenues		Local Cash	Local In-Kind	Total						
Federal Administration	419,900	67,041	-	486,941						
State Administration	72,926			72,926						
MATF Administration	27,139	-	-	27,139						
St. CG Support Administration	-	-	-	-						
Other Admin				-						
Total AIP Admin:	519,965	67,041	-	587,006						

Expenditures		
	FTEs	
1. Salaries/Wages	5.00	320,000
2. Fringe Benefits		102,400
3. Office Operations		164,606
Total:		587,006

Cash Match Detail		In-Kind Match Detail			
Source	Amount	Source	Amount		
1. Federal Admin	67,041	1. Federal Admin			
2. Federal Admin	-	2. Federal Admin			
3. Federal Admin	-	3. Federal Admin			
MATF Administration Match	-	MATF Administration Match			
St CG Support Match	-	St CG Support Match			
	-				
	-				
Total:	67,041	Total:			

This budget represents necessary costs for implementation of the Area Plan.

Adequate documentation and records will be maintained to support required program expenditures.

						FY 2025	AREA AGEN	ICY GRANT F	UNDS - SU	IPPORT SER	RVICES DET									
	Age	ncy: The Senior Allian	nce		_							Budget Pe	eriod:		10/01/24		to	09/30/25	_	Rev. 2/23/24
		PSA: 1C											Date:		04/12/24		Rev. No.:	0	<u> </u>	page 2 of 3
	ing Standards For AAA's														-					
Op						Title VII A	State	State	St. Alt.	State Care	State	St. ANS	St. Respite	MATF	St. CG Supp	I CIVI-Medicaid	Program	Cash	In-Kind	
Std	SERVICE CATEGORY	Title III-B	Title III-D	Title III-E	Title VII/EAP	OMB	Access	In-Home	Care	Mgmt	NHO		(Escheat)			MSO Fund	Income	Match	Match	TOTAL
Α	Access Services																			
	Care Management									503,822							5,000		55,981	564,803
	Case Coordination/Support	198,127		134,337			65,613					55,332							50,379	503,788
	Disaster Advocacy & Outreach Program																			-
	Information & Assistance	131,367		135,983								46,985							34,927	349,262
	Outreach	149,945		1,000															16,772	167,717
	Transportation	25,818		119,686										123,638	18,603		1,000		31,972	320,717
	Options Counseling	1,000																	112	1,112
	Care Transition Coordination and Support																			-
В	In-Home																			
	Chore	-																		-
	Home Care Assistance	0.555																	205	- 0.000
	Home Injury Control	2,000						744.000	00.000										223	2,223
	Homemaking	12,000						741,000	90,000										93,667	936,667
	Home Health Aide	07.5																	1000	- 40.000
	Medication Management	37,881																	4,209	42,090
	Personal Care	61,516						650,000	80,000										87,947	879,463
	Assistive Device & Technology	1,000		4.000				120,000	00.551				04.700						13,445	134,445
	Respite Care	00.000		1,000				224,595	86,554				81,729						43,765	437,643
	Friendly Reassurance	20,000																	2,223	22,223
C	Community Services Adult Day Services			1,000										150,777	18,603				18,932	400.040
C-1	Adult Day Services			1,000										150,777	10,003				10,932	189,312
C 6	Disease Prevention/Health Promotion		75,849																8,428	84,277
	Health Screening		10,049																0,420	04,277
	Assistance to Hearing Impaired & Deaf Community																			-
	Home Repair																			
	Legal Assistance	86,728		38,080															13,868	138,676
	LTC Ombudsman	14,262		00,000		16,980					38,661					16,037			7,663	93,603
	Senior Center Operations	14,202				10,500					00,001					10,007			7,000	-
	Senior Center Staffing	57,475																	6,387	63,862
	Vision Services	2.,																	-,	-
	Programs for Prevention of Elder Abuse, Neglect, Exploitation				14,940														1,660	16,600
	Counseling Services																			-
	<u> </u>																			
C-18	Caregiver Supplement Services			-															-	-
	Kinship Support Services			24,373															2,709	27,082
																				-
C-21	Caregiver Education			30,000															3,334	33,334
	Caregiver Training																			-
C-23	Caregiver Support Groups																			-
																				-
*C-8	Program Development	200,279																	22,254	222,533
	Region Specific																			
	GAP Filling	2,000		2,000															667	4,667
	b.																		-	-
	C.																		-	
	d.																			
	e.																			
	f.																			-
	8. MATF Adm													27,139						27,139
Sp Co	9. St CG Sup Adm																			
	SUPPORT SERVICE TO	TAL 1,001,398	75,849	487,459	14,940	16,980	65,613	1,735,595	256,554	503,822	38,661	102,317	81,729	301,554	37,206	16,037	6,000	-	521,524	5,263,238
		•	_	_	_		_			_	_		_	_	_		_			_

		FY 2025	NUTRITION	/ OMBUDSM	AN / RESPIT	E / KINSHIP -	PROGRAM	<b>BUDGET DE</b>	TAIL		
											Rev. 2/23/24
	Agency:	The Senior Allia	nce	Budget Period:	10/01/24	to		9/30/25			
	PSA:	1C	•	Date:	04/12/24	Rev. Number		0	•		page 3 of 3
		FY 2025	AREA PLAN	GRANT BU	DGET - TITLE	E III-C NUTRI	TION SERVIC	CES DETAIL			
Op	SERVICE CATEGORY	Title III C-1	Title III C-2	State	State HDM	NSIP	Title III-E	Program	Cash	In-Kind	TOTAL
Std				Congregate				Income	Match	Match	
	Nutrition Services										
C-3	Congregate Meals	424,067		21,982		59,685				26,315	532,049
	Home Delivered Meals		1,790,330		1,090,708	537,165				566,879	3,985,082
C-4	Nutrition Counseling										-
C-5	Nutrition Education										-
B-12	Carry-out Meal (COM)										-
	AAA RD/Nutritionist*										-
	Nutrition Services Total	424,067	1,790,330	21,982	1,090,708	596,850	-	-	-	593,194	4,517,131
	*Registered Dietitian, Nutritionist or i	ndividual with compa	arable certification, a	s approved by AASA	<b>.</b>						
		FY 2025	AREA PLAN	GRANT BU	DGET-TITLE	VII LTC OMB	UDSMAN DE	TAIL			
Op	SERVICE CATEGORY	Title III-B	Title VII-A	Title VII-EAP	State NHO	MSO Fund	Program	Cash	In-Kind	TOTAL	
Std							Income	Match	Match		
	LTC Ombudsman Ser										
C-11	LTC Ombudsman	14,262	16,980	-	38,661	16,037	-	-	7,663	93,603	
C-15	Elder Abuse Prevention	-		14,940			-	-	1,660	16,600	
	Region Specific	-	-		-		-	-	-	-	
	LTC Ombudsman Ser Total	14,262	16,980	14,940	38,661	16,037	-	-	9,323	110,203	
								•			
						ITE SERVICE					
Op	SERVICES PROVIDED AS A	Title III-B	Title III-E	State Alt Care	State	State In-Home	Merit Award	Program	Cash/In-Kind	TOTAL	
Std	FORM OF RESPITE CARE				Escheats		Trust Fund	Income	Match		
B-1	Chore									-	
B-4	Homemaking									-	
B-2										-	
B-6	Home Health Aide									-	
	Meal Preparation/HDM									-	
B-8	Personal Care									-	
	Respite Service Total		-	=	-	-	=	-	-	•	
		FY 2025	AREA PI AN	I GRANT BUI	DGET-TITI F	E- KINSHIP S	SERVICES DI	ETAIL			
Op	SERVICE CATEGORY	Title III-B	Title III-E				Program	Cash	In-Kind	TOTAL	
Std							Income	Match	Match		
	Kinship Ser. Amounts Only										
C-18	Caregiver Sup. Services	-					-		-	-	
C-19	Kinship Support Services	-	24,373				-	-	2,709	27,082	
C-21	Caregiver Education	-					-	-	-	1	
	Caregiver Training	-					-	_	-	_	
	Caregiver Support Groups	-	-				-	-	-	-	
	Kinshin Services Total	_	24 373				-	_	2 709	27 082	Page 31

Planned Services Summary Page for FY 2025 PSA: 1C							
Tidillod Golvio		Budgeted Percent			Method of Provision		
	1	· ·	of the				
Service	1	Funds	Total	Purchased	Contract	Direct	
ACCESS SERVICES							
Care Management	\$	564,803	5.77%			X	
Case Coordination & Support Disaster Advocacy & Outreach Program		503,788	5.15% 0.00%			Х	
Information & Assistance		349,262	3.57%			Х	
Outreach	_	167,717	1.71%			X	
Transportation		320,717	3.28%		Х	X	
Option Counseling		1,112	0.01%			Х	
Care Transition Coordination and Support	\$	-	0.00%				
IN HOME OFFICE	ㄴ						
IN-HOME SERVICES	Φ.		0.009/				
Chore Home Care Assistance			0.00% 0.00%				
Home Injury Control		2,223	0.00%	Х			
Homemaking		936,667	9.58%	X			
Home Delivered Meals	\$	3,985,082	40.75%		Х		
Home Health Aide		-	0.00%				
Medication Management		42,090	0.43%			Х	
Personal Care		879,463	8.99%	X			
Personal Emergency Response System		134,445	1.37% 4.47%	X			
Respite Care Friendly Reassurance		437,643 22,223	0.23%	^		Х	
Thomasy reasonance	Ψ	22,220	0.2070			^	
COMMUNITY SERVICES							
Adult Day Services	\$	189,312	1.94%		Х		
	Ļ						
Congregate Meals		532,049	5.44%		X		
Nutrition Counseling Nutrition Education		-	0.00% 0.00%				
Disease Prevention/Health Promotion		84,277	0.00%		X		
Health Screening		04,277	0.00%				
Assistance to the Hearing Impaired & Deaf Community		_	0.00%				
Home Repair		-	0.00%				
Legal Assistance		138,676	1.42%		X		
Long Term Care Ombudsman/Advocacy		93,603	0.96%			Х	
Senior Center Operations	\$		0.00%		V		
Senior Center Staffing Vision Services		63,862	0.65% 0.00%		Х		
Programs for Prevention of Elder Abuse, Neglect, &		16,600	0.00%		Х		
Counseling Services		-	0.00%		Λ.		
Carry-Out Meal (COM)	\$	-	0.00%				
Caregiver Supplemental Services		-	0.00%				
Kinship Support Services		27,082	0.28%		X		
Caregiver Education Caregiver Training	1	33,334	0.34% 0.00%		Х		
Caregiver Training Caregiver Support Groups		-	0.00%				
Caregiver Support Groups	Ψ	-	0.00 /0				
AAA RD/Nutritionist	\$	-	0.00%				
PROGRAM DEVELOPMENT	\$	222,533	2.28%			X	
REGION-SPECIFIC							
GAP Filling	\$	4,667	0.05%			Х	
b.	\$	-	0.00% 0.00%				
c. d.	\$	-	0.00%				
e.	\$	-	0.00%				
f.	\$	-	0.00%				
	匚						
SUBTOTAL SERVICES	<del>-</del>	9,753,230					
MATF & ST CG ADMINSTRATION	\$	27,139	0.28%				
TOTAL PERCENT			100.00%	24.45%	54.85%	20.70%	
TOTAL FUNDING	\$	9,780,369		\$ 2,390,441	\$ 5,365,173	\$ 2,024,755	

### **ACCESS AND SERVICE COORDINATION CONTINUUM**

It is essential that each PSA have an effective access and service coordination continuum. This helps participants to get the right service mix and maximizes the use of limited public funding to serve as many persons as possible in a quality way.

### **Instructions**

The Access and Service Coordination Continuum is found in the Documents Library as a fillable pdf file. (A completed sample is also accessible there). Please enter specific information in each of the boxes below that describes the range of access and service coordination programs in the area agency PSA.

specific inform		w that describes the range of ac			
	Level 1	Level 2	Level 3	Level 4	Level 5
	Least Intensive				Most Intensive
Program	Information & Assistance				C <del>are Manageme</del> nt
Participants					
What Is Provided?					
Where is the service provided?	Community In person by appointment	Community In person by appointment			Page 33 of 36

Area Agency Name: FY 2025

**Caregiver Programs:** Complete the chart below. Include all programs that are offered within the PSA. Examples include, but are not limited to: Respite Voucher Programs, education programs, training programs, Support Groups, Regionally Specific Programs, Powerful Tools for Caregivers, Savvy, Dementia Caregiver Series, Trualta, etc. If you have any questions regarding completing this chart, please reach out to Lacey Charboneau at charboneaul2@michigan.gov.

Name of Caregiver Program	Available PSA Wide (Yes / No)	OAA Funded (Yes / No)	Agency's Comments (Optional)

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Area Agency on Aging		

### **EVIDENCE-BASED PROGRAMS PLANNED FOR FY 2025**

Funded Under Disease Prevention Health Promotion Service Definition

Provide the information requested below for Evidence-Based Programs (EBDP) to be funded under Title III-D.

Title III-D funds can only be used on health promotion programs that meet the highest-level criteria as determined by the Administration for Community Living (ACL) Administration on Aging (AoA). Please see the "List of Approved EBDP Programs for Title III-D Funds" in the Document Library. Only programs from this list will be approved for FY 2025. If funding has been allocated as a single amount for all Title III-D programs for a provider, enter on first line under "Funding Amount for This Service".

Program Name	Provider Name	Funding Amount for Service
Example  Arthritis Exercise Program	Example: List each provider offering programs on a single line as shown below.  1) Forest City Senior League Program 2) Grove Township Senior Services 3) Friendly Avenue Services	Example: Funding total for all providers \$14,000
		Page 35 df

# EMERGENCY MANAGEMENT AND PREPAREDNESS Minimum Elements for Area Agencies on Aging FY 2025 Annual Implementation Plan

After each general and nutrition minimum element for emergency preparedness, provide a <u>brief</u> description regarding how the AAA Emergency Preparedness Plan for FY 2025 will address the element.

Area Agency on Aging
A. General Emergency Preparedness Minimum Elements (required by the Older American's Act).
<ol> <li>Does your agency have an Emergency Preparedness Plan? If so when was the latest update and was it sent ACLS? If not, please sent to <u>albrechtc@michigan.gov</u> and copy your assigned ACLS Field Representative.</li> </ol>
<ol><li>Does your agency work with local emergency management? If yes, please provide a brief description of how you are working with them. If no, why?</li></ol>
3. ACLS does have expectations during a State or locally declared emergency/disaster to have staff person (the area agency director or their designee) available for communication with ACLS staff to provide real time information about service continuity (status of aging network service provider's ability to provide services). Please provide ACLS with any updated contact information on staff listed as emergency contact (this includes any drills conducted). This person should be able to provide information about the number and location of vulnerable older persons receiving services from the area agency.
4. What barriers have you had with emergency/disaster drills or with man-made or natural disaster such as flooding, pandemic, flu, and extreme weather?
<ol> <li>What can ACLS do to assist the AAAs with emergency/disasters? Can include funding, communication issues and PPE for example.</li> </ol>