

### **NEWSLETTER AUGUST**

### **Caring for Our Caregivers**



Being a caregiver is a powerful responsibility and a great undertaking. Today, one in every five adults are caregivers, and most caregivers have another job on top of the work they do for their loved ones.

Caregivers help with a plethora of tasks ranging from housework to medical care to transportation. It's important that those who are caring for a loved one receive the help they need as well.

By caring for our caregivers, we can partner with families to create a more effective system of support. Learn more about how to best support the caregivers in your life, as well as the resources available through The Senior Alliance.

# Chip in for The Senior Alliance

### Golf Outing Event

Join The Senior Alliance at Western Golf Course and Country Club for our charity champs golf outing! The outing will begin September 25, 2023, at 9 a.m. with a shotgun start.

# Manager of the Quarter

### Susan Ross

Congratulations to our Manager of the Quarter, Susan Ross! Susan is a key member of our Fiscal Department. She is a true asset and valued member of The Senior Alliance management team.

### August Star Performer:

### Maiya Clay

Congratulations to our Star Performer of the Month, Maiya Clay! She is one of our beloved Supports Coordinators for the MI Choice Waiver Program. Podcast Episode 1.34:

# Inside the Senior Alliance

In this episode, Jason Maciejewski, CEO of The Senior Alliance, talks with Dave LaLumia, Executive Director of the Area Agencies on Aging Association of Michigan, aka 4AM.

#### **Services:**

- Adult Day Services
- MI Choice Waiver Program
- Care Management
- Caregiver Support
- Nutritional Services and Home Delivered Meals
- Friendly Reassurance
- Long-term Care
  Ombudsman
- MMAP Assistance
- Information & Assistance
- Elder Abuse Prevention
- Outreach, Advocacy, and Education
- Transportation
- And Much More

Visit us online at www.thesenioralliance.org for more information

## We're so proud of our team! Thank you!







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