

### Senior Independence Month



February is Senior Independence Month. At The Senior Alliance, we celebrate older adults' independence and the choices they make to thrive all year long.

For many, the choice to live independently can come with a number of challenges. Fortunately, there are many in-home services that can help.

This month on the blog, we'll walk you through those services and let you know how we can help connect you with them. Let us help you or your loved one celebrate your independence!

### Services:

- Adult Day Services
- MI Choice Waiver Program
- Care Management
- Caregiver Support
- Nutritional Services and Home Delivered Meals
- Friendly Reassurance
- Long-term Care Ombudsman
- MMAP Assistance
- Information & Assistance
- Elder Abuse Prevention
- Outreach, Advocacy, and Education
- Transportation
- And Much More

Visit us online at [www.thesenioralliance.org](http://www.thesenioralliance.org) for more information

### Resources & Information

#### Find a Shelter

The U.S. Department of Housing and Urban Development's (HUD) tool provides information about housing, shelter, health care, and clothing resources in communities across the country.

### The Senior Alliance has Supports & Services

#### Resource Directory

We have made finding the resources you're looking for easier by putting our resource directory online. Services for healthcare, food and meals, employment, housing in-home care services, transportation, family support, and more.

We're so proud of our team! **Thank you!**



### February Star Performer:

#### Terry Bush

She always puts her participants' needs above everything and does exceptional follow-up while setting limits and boundaries to adhere to our MI Choice standards.

### Outstanding Service:

#### MMAP Volunteers

At The Senior Alliance, we are so grateful for Chuck, Tom, and the many volunteers just like them who give of themselves for the benefit of their community. We couldn't do what we do without you!

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