

## Regional Service Definition TSA, AAA 1-C

**General Requirements for All Service Programs still apply. OSA-MS-General pp. 2-8**

<b>Service Name:</b>	<b>Evidence Based Disease Prevention Programs</b>
<b>Definition:</b>	<p>Provision of one of the Michigan Office of Services to the Aging (OSA) approved Evidence Based Disease Prevention programs (EBDP). Evidence Based Disease Prevention programs provide education and implement activities that support healthy lifestyles and promote healthy behaviors, and are those which have already been tested and have proven results.</p> <p><u>Minimal Criteria</u></p> <ul style="list-style-type: none"> <li>• Demonstrated through evaluation to be effective for improving the health and wellbeing or reducing disease, disability and/or injury among older adults; and</li> <li>• Ready for translation, implementation, and/or broad dissemination by community-based organizations using appropriately credentialed practitioners.</li> </ul> <p><u>Intermediate Criteria</u></p> <ul style="list-style-type: none"> <li>• Published in a peer-review journal.</li> <li>• Proven effective with older adult population, using some form of a control condition (i.e., pre-post study, case control design, etc.)</li> <li>• Some basis in translation for implementation by community level organization.</li> </ul> <p><u>Highest-level Criteria</u></p> <ul style="list-style-type: none"> <li>• Undergone Experimental or Quasi-experimental design.</li> <li>• Level at which full-translation has occurred in a community site.</li> <li>• Level at which dissemination products have been developed and are available to the public.</li> </ul>
<b>Unit of Service:</b>	One program session (i.e., one session of PATH would be one week of a six week session; Enhance Fitness and/or Arthritis Exercise would be one session within one week of an ongoing program). All service delivery components must be built into the unit of service.
<b>Minimum Standards:</b>	<ol style="list-style-type: none"> <li>1. Programs can only be offered to individuals aged 60 years and over.</li> <li>2. Programs must be either those listed and/or approved by OSA.</li> <li>3. Programs must utilize staff with specific training for direct service components. Continuing education of staff is encouraged.</li> </ol>

	<ol style="list-style-type: none"><li>4. Programs must maintain required licensing and/or memorandums of agreements with program developers.</li><li>5. Programs must maintain familiarity with and utilize required program reporting forms.</li><li>6. Programs must uphold any fidelity standards which have been developed for the specific EBDP program.</li><li>7. Programs shall give priority to establishing workshops in partnership with TSA identified Community Focal Points. All programs should be offered at locations convenient to older participants.</li><li>8. Programs, in targeting services, shall give priority to geographic areas which are medically underserved and in which there are a significant number of older individuals who have the greatest economic need for such services.</li><li>9. Programs are encouraged to participate in regional and statewide EBDP collaborative groups and provide technical assistance to organizations offering similar programs.</li><li>10. Clients must be unduplicated for each program year, unless participating in separate and distinct EBDP programs; they then can be counted once for each.</li></ol>
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